



Arlene R. Taylor, PhD

To paraphrase Oscar Hammerstein II (South Pacific): "There is nothing you can name that is anything like the *brain!*"



Brain-function specialist, author, musician, and internationally known speaker, Dr. Taylor is founder and president of Realizations Inc, a 501(c)(3) nonprofit corporation that engages in brain-function research and provides related educational resources. She regularly posts videos to her YouTube channel.

A recipient of the American Medal of Honor for Brain-Function Education from the American Biographical Institute Inc (#20/100, 2001), she was named alumna of the year 1989, by Loma Linda University Nursing Alumni Association. She holds two earned doctorates; has life membership in the *National Registry of Who's Who*, 2000 edition; qualified for membership in Mensa International; and is a past member of the National Speakers Association. She authored the 38-module DSM-5 based *Mental Health & Wellness* program approved by CMS for use in Cognitive Mental Health Centers; and the online program *Health, Wellness, & the Brain* approved by the California BRN for CE credit for nurses.

YouTube Channel - www.youtube.com/@braingurutaylor/videos

- Brain Secrets - Ask Dr. Taylor™ - Questions from the street
- EQ Magic Ask Dr. Taylor™ - Questions from the general public
- Ask Dr. Taylor in the DMs™ - Questions from social media
- Brain Bytes™ Ask Dr. Taylor - More Questions
- Birds 'n Brains™ - Birds on location
- Brain Function Podcast™ - Puppets in the studio

Books

Dr. Taylor is principal author for multiple books including *Your Brain has a Bent—not a Dent* (6th edition), *Lifestyle Matters* (2nd edition), *Music on the Brain*, the *Legends of the Wild* 8-book series of animal allegories related to EQ, the 4-book *Adventures* series including *Adventures of the Littlest Dolphin*.

Available on Amazon.com.

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