

Arlene R. Taylor PhD

“Since everything begins in the brain, it makes sense for you to learn how yours functions and how to use it by design—to help you stay healthier and younger for longer.”



Brain-function specialist, author, and presenter, Taylor is a sought-after speaker internationally. A recipient of the American Medal of Honor for Brain-Function Education (#20 of 100) from the American Biographical Institute Inc (2001), Taylor holds two earned doctorates in Health and Human Services and in Clinical Counseling with an emphasis in issues of addiction, abuse, and recovery—from the perspective of brain function. In 1989, Loma Linda University Nursing Alumni Association selected her alumna of the year. A RN, she has life membership in the *National Registry of Who's Who*, 2000 edition, along with a life-time PHN Certificate and a lifetime Health & Development Credential. A member of the National Speakers Association (NSA), she lists with: www.terrificspeakers.com/

Brain Blog - Taylor's weekday brain-based blog is available at www.arlenetaylor.org, www.LLM.life, www.ArleneTaylor.blogspot.com <http://feeds.feedburner.com/blogspot/moFKX> <https://www.facebook.com/DrArleneTaylor/> or have it sent to your mobile phone or email.

Brain Talk - www.braintalk.guru

PowerPoint® - www.arlenetaylor.org/powerpoint

YouTube - www.youtube.com/user/braingurutaylor

LinkedIn - www.LinkedIn.com/in/arlene-rose-taylor-phd-brain-function-specialist-304b5ba

LLM - www.LLM.life **Longevity Lifestyle Matters**, a brain-based 12-week program, plus the opportunity to be a LLM Certified Facilitator and host programs

Email - thebrain@arlenetaylor.org

Resources - Taylor's books, audiobooks, Video DVDs, and the Longevity Lifestyle Matters Brain-based 12-week program (available in English & Spanish) are distributed by Pacific Health Education Center Inc, a 501(c)(3) nonprofit corporation, at www.pacifichealth.org or info@pacifichealth.org

Taylor's books (several for children), and some DVDs, are also available at www.Amazon.com and Amazon's Kindle

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