

# Arlene R. Taylor PhD

*Since everything begins in the brain,  
it makes sense for you to figure out how yours functions.*  
[www.ArleneTaylor.org](http://www.ArleneTaylor.org)



Brain-function specialist, author, and presenter, Taylor is a sought-after speaker internationally. She is also the principal author of the 12-week brain-based *Longevity Lifestyle Matters* program, designed to help individuals learn how to stay healthier and younger for longer. A recipient of the American Medal of Honor for Brain-Function Education (#20 of 100) from the American Biographical Institute Inc (2001), Taylor holds two earned doctorates. In 1989, Loma Linda University Nursing Alumni Association selected her alumna of the year. She has life membership in the *National Registry of Who's Who*, 2000 edition. A member of the National Speakers Association (NSA), she lists with: Professional Speakers Bureau International ([www.terrificspeakers.com/](http://www.terrificspeakers.com/)) Realizations Inc has been approved by the CA Board of Registered Nursing CEP #08580 to provide Continuing Education Courses for nurses.

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**Blog** — [arlenetaylor.blogspot.com](http://arlenetaylor.blogspot.com) Taylor's weekday blog is also available at [www.ArleneTaylor.org](http://www.ArleneTaylor.org), and <http://feeds.feedburner.com/blogspot/moFKX>

**Brain Talk** — [www.braintalk.guru](http://www.braintalk.guru)

**LinkedIn** — <https://www.linkedin.com/in/arlene-r-taylor-phd-brain-function-specialist-304b5ba>

**LLM** — <https://arlenetaylor.org/longevity-lifestyle-program> *Longevity Lifestyle – Longevity Lifestyle Matters* is a 12-week brain-based program to help you stay healthier and younger for longer

**PowerPoint®** — <https://arlenetaylor.org/resources/powerpoint>

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**Taylor on the Brain** — [www.youtube.com/user/braingurutaylor](http://www.youtube.com/user/braingurutaylor)

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