

# Speaking Schedule 2010

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Tuesday, January 5, 2010, 7:00 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: ***Freedom from Old Behaviors***

Contacts:

800.358.9195 <http://www.napavalleySmokefree.org/>

800.920.3438 <http://www.napavalleyweightcontrol.org/>

Wednesday, January 6, 2010, 7:00 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: ***Upshift, Downshift, and About Shift***

Contacts:

800.358.9195 <http://www.napavalleySmokefree.org/>

800.920.3438 <http://www.napavalleyweightcontrol.org/>

Thursday, January 7, 2010, 10:00 a.m.



St. Helena Recovery Center  
Taylor's Topic: ***Upshift, Downshift, and About Shift***  
Call: 1-800-454-HOPE (4673)

Wednesday, January 7, 2010, 7:00 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: ***Meet Your Brain***  
Call: 800.920.3438  
<http://www.napavalleyweightcontrol.org/>

Saturday, January 9, 2010, 9:00 a.m.



Event: IMPaX World Inc 2010 Power Weekend  
Location: Holiday Inn Express El Dorado Hills  
4360 Town Center Blvd  
Taylor's topic: ***What My Brain Needs . . .***  
Taylor is also part of a Health Panel/Q&A Session  
Host: IMPaX World Inc  
Contact: [Kim@IMPAXWorld.com](mailto:Kim@IMPAXWorld.com)

Saturday, January 9, 2010, 7:00 p.m.



Event: Successful Thinkers  
Location: Holiday Inn Express El Dorado Hills  
4360 Town Center Blvd  
Taylor's topic: ***What Successful Thinkers Need***  
Hosts: Jim Bellacera, Robert A. Velarde, Greg & Brenda Im  
Contact: [Kim@IMPAXWORLD.com](mailto:Kim@IMPAXWORLD.com)

Tuesday, January 12, 2010, 7:00 p.m.



St. Helena Center for Health Programs  
Transformations and Smoke-Free Life  
Taylor's Topic: *Use Your Brain for Success*

Contacts:

800.358.9195 <http://www.napavalleymokeyfree.org/>

800.920.3438 <http://www.napavalleyweightcontrol.org/>

Wednesday, January 13, 2010, 7:00 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: *The Power of Emotional Intelligence*

Contacts:

800.358.9195 <http://www.napavalleymokeyfree.org/>

800.920.3438 <http://www.napavalleyweightcontrol.org/>

Tuesday, January 19, 2010, 7:00 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: *Freedom from Old Behaviors*

Contacts:

800.358.9195 <http://www.napavalleymokeyfree.org/>

800.920.3438 <http://www.napavalleyweightcontrol.org/>

Wednesday, January 20, 2010



Event: Community Seminar, Angwin, CA  
Location: Pacific Union College, Scales Chapel  
Taylor's Topic: *The Brain and Laughter -- You Can Laugh and Last*  
Host: Lyse Hellie, Health & Wellness Coordinator  
Email: [lhellie@puc.edu](mailto:lhellie@puc.edu)  
Phone: (707) 965-6330

Thursday, January 21, 2010, 10:00 a.m.



St. Helena Recovery Center  
Taylor's Topic: *Freedom from Old Behaviors*  
Call: 1-800-454-HOPE (4673)

Thursday, January 21, 2010, 7:00 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: *Upshift, Downshift, and About Shift*  
Contacts:  
800.358.9195 <http://www.napavalleymokeyfree.org/>  
800.920.3438 <http://www.napavalleyweightcontrol.org/>

Tuesday, January 26, 2010



Event: CCC Ministerial Leadership Retreat  
Location: Leoni Meadows, California  
Taylor's Topic: *The Brain, Religion, and Spirituality*  
Host: Ramiro Cano, Executive Secretary

Tuesday, January 26, 2010, 7:00 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: *Use Your Brain for Success*  
Contacts:

800.358.9195 <http://www.napavalleymokefree.org/>  
800.920.3438 <http://www.napavalleyweightcontrol.org/>

Wednesday, January 27, 2010, 7:00 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: *The Power of Emotional Intelligence*  
Contacts:

800.358.9195 <http://www.napavalleymokefree.org/>  
800.920.3438 <http://www.napavalleyweightcontrol.org/>

Saturday, January 30, 2010, 7:00 p.m.



Event: Community IMPaX Lecture  
Location: Pine Plaza, 7 Broad Ave, 4th Fl, Palisades Park, NJ (Free underground parking)  
Taylor's Topic: *No Rain in Your Brain*  
Hosts: Brenda and Greg Im  
Contact: [Kim@IMPaXWorld.com](mailto:Kim@IMPaXWorld.com)

Sunday, January 31, 2010, 11:00 a.m.



Event: Community IMPaX lecture  
Location: Lake Nelson SDA School, 555 S Randolphville Rd, Piscataway, NJ 08854  
Taylor's Topic: *No Rain in Your Brain*  
Host: Elayna Moffitt  
Web site: <http://www.IMPaXWORLD.com>  
Contact: [kim@IMPaXworld.com](mailto:kim@IMPaXworld.com)

Monday-Wednesday, February 1-3, 2010



Event: NAD Health Summit  
Location: Sheraton Orlando North, 600 N. Lake Destiny Drive, Maitland, FL 32751  
Taylor's Topics, Track 2:  
Monday 9:30 a.m.-12:30 p.m.  
• *Use Your Brain for Success*  
• *Upshift, Downshift, and About Shift*  
• *Cellular Memory—Past, Present, and Future*  
Tuesday 9:30 a.m.-12:30 p.m.  
• *Extraversion-Ambiversion-Introversion*  
• *Sensory Systems*  
• *Your Unique Brain*  
Wednesday 9:30 a.m.-12:30 p.m.  
• *Manage Your Emotions*  
• *Emotional Intelligence*  
• *The Brain and Laughter*  
Host: Dr. Gordon Botting

Web site: [www.nadhealthsummit.com](http://www.nadhealthsummit.com)

E-mail: [yasminthen1@yahoo.com](mailto:yasminthen1@yahoo.com)

Thursday, February 4, 2010, 9:00 a.m.



Event: Clergy Conference

Location: Taveres, Florida

Taylor's Topics:

- 9am: ***Meet Your Marvelous Brain***
- 10am: ***Manage Your Emotions***
- 11am: ***Raise Your Emotional Intelligence***

Host: Florida Hospital Waterman

Contact: Faye Rose, Spiritual Services Department

E-mail: [Faye.rose@ahss.org](mailto:Faye.rose@ahss.org)

Phone: 352.253.3389

Thursday, February 4, 2010, 2:00 p.m.



Event: Florida Hospital Waterman Spiritual Leadership Development Series

Location: Florida Hospital Waterman

Taylor's Topic:

- 2pm: ***The Power of Emotional Intelligence***

Host: Florida Hospital Waterman

Contact: Faye Rose, Spiritual Services Department

E-mail: [Faye.rose@ahss.org](mailto:Faye.rose@ahss.org)

Phone: 352.253.3389

February 7-10, 2010



Event: Program

Hosts: EduQuest and Exploritas (formerly Elderhostel)

Title: ***Age-Proofing Your Brain--Stay Younger while Growing Older***

Location: Gaia, Napa Valley, California

Taylor's Topics

- ***Meet Your Marvelous Aging Brain***
- ***Power of Positive***
- ***He Said – She Said***
- ***Emotional Intelligence***
- ***Use it or Lose it***
- ***Laugh and Last***

EduQuest coordinators: Cindy Salyer and Nancy Pieraccini

Web site: [www.eduquestusa.org](http://www.eduquestusa.org)

Phone: (775) 852-5209

Fax: (775) 853-5547

E-mail: [eduquest@charter.net](mailto:eduquest@charter.net)

Tuesday, February 9, 2010, 7:00 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: *Use Your Brain for Success*  
Contacts:  
800.358.9195 <http://www.napavalleySmokefree.org/>  
800.920.3438 <http://www.napavalleyWeightcontrol.org/>

Wednesday, February 10, 2010, 6:30-9:00 p.m.



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Event: Professional Development Program,  
San Francisco Coaches, ICF Chapter  
Location: San Francisco, California  
Taylor's Topic: *The Power of Emotional Intelligence*  
Host/Contacts:  
Nancy L. Hedley - [Nancy@crescent-coaching.com](mailto:Nancy@crescent-coaching.com)  
Greg Nelson - [Greg@flyagaincoaching.com](mailto:Greg@flyagaincoaching.com)  
Jeffrey Van Dyke - [jeffrey@practicalvisionary.com](mailto:jeffrey@practicalvisionary.com)

Thursday, February 11, 2010, 10:00 a.m.



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St. Helena Recovery Center  
Taylor's Topic: *Upshift, Downshift, and About Shift*  
Call: 1-800-454-4673 (HOPE)

Tuesday, February 11, 2010, 3:00 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: *Your Brain and Energy*  
Contacts:  
800.358.9196 <http://www.napavalleySmokefree.org/>  
800.920.3439 <http://www.napavalleyWeightcontrol.org/>

Thursday, February 11, 2010, 7:00 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: *The Power of EQ (Emotional Intelligence)*  
Contacts:  
800.358.9197 <http://www.napavalleySmokefree.org/>  
800.920.3440 <http://www.napavalleyWeightcontrol.org/>

Saturday, February 13, 2010



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Event: Community seminars  
Location: Denver South SDA church  
2675 S. Downing Street, Denver, CO 80210  
Taylor's Topics:  
11:00 a.m.: *7 Secrets of Communication—a Scriptural Perspective*  
2:30 p.m.: *How to Deal with Difficult People, Part 1*  
3:30 p.m.: *How to Deal with Difficult People, Part 2*  
7:00 p.m.: *The Brain and Laughter—How to Laugh and Last*  
Hosts: Don and Roelene Hanson  
Call: (303) 744-1271

Sunday, February 14, 2010, 9:00 a.m.



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Event: Valentine's Day Brunch and Seminar  
Location: Denver South SDA church  
2675 S. Downing Street, Denver, CO 80210 2675 S Downing St Denver, CO  
80210  
Taylor's Topics:  
*M-F Differences—Mars versus Venus*  
*M-F Differences—Vision Style and Hearing*  
Hosts: Don and Roelene Hanson  
Call: (303) 744-1271

Tuesday, February 16, 2010, 7:00 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: *Freedom from Old Behaviors*  
Contacts:  
800.358.9198 <http://www.napavalleySmokefree.org/>  
800.920.3441 <http://www.napavalleyweightcontrol.org/>

Wednesday, February 17, 2010, 7:00 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: *Upshift, Downshift, and About Shift*  
Contacts:  
800.358.9199 <http://www.napavalleySmokefree.org/>  
800.920.3442 <http://www.napavalleyweightcontrol.org/>

Thursday, February 18, 2010, 10:00 a.m.



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St. Helena Recovery Center  
Taylor's Topic: *Breaking Free of Old Behaviors*  
Call: 1-800-454-4673 (HOPE)

Tuesday, February 23, 2010, 7:00 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: *Use Your Brain for Success*  
Contacts:  
800.358.9200 <http://www.napavalleySmokefree.org/>  
800.920.3443 <http://www.napavalleyweightcontrol.org/>

Wednesday, February 24, 2010, 7:00 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: *The Power of EQ (Emotional Intelligence)*  
Contacts:  
800.358.9201 <http://www.napavalleySmokefree.org/>  
800.920.3444 <http://www.napavalleyweightcontrol.org/>

Friday, February 26, 2010, 7:00 p.m.



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Event: Community Seminars  
Location: 900 North Redington St., Hanford, CA 93230

Taylor's Topics:

- ***The Power of Emotional Intelligence, Part 1***
- ***The Power of Emotional Intelligence, Part 2***

Contact: Alice at 559.582.0662

Saturday, February 27, 2010



Event: Community Seminars

Location: 900 North Redington St., Hanford, CA 93230

Taylor's Topics:

11:00 a.m.: ***7 Secrets of Communication—a Scriptural Perspective***

2:00 p.m.: ***Dealing with Difficult People, Part 1***

3:00 p.m.: ***Dealing with Difficult People, Part 2***

Contact: Alice at (559) 582-0662

Sunday, February 28, 2010, 11:00 a.m.



IMPax Community Seminar, Rancho Palos Verdes, CA

Taylor's Topic: ***No Rain in Your Brain***

Host: Janet Barnhill

Contact: [kim@impaxworld.com](mailto:kim@impaxworld.com)

Tuesday, March 2, 2010, 7:00 p.m.



St. Helena Center for Health Programs

Taylor's Topic: ***Freedom from Old Behaviors***

Contacts:

800.358.9202 <http://www.napavalleySmokefree.org/>

800.920.3445 <http://www.napavalleyweightcontrol.org/>

Wednesday, March 3, 2010, 7:00 p.m.



St. Helena Center for Health Programs

Taylor's Topic: ***Upshift, Downshift, and About Shift***

Contacts:

800.358.9203 <http://www.napavalleySmokefree.org/>

800.920.3446 <http://www.napavalleyweightcontrol.org/>

Thursday, March 4, 2010, 10:00 a.m.



St. Helena Recovery Center

Taylor's Topic: ***Breaking Free of Old Behaviors***

Call: 1-800-454-4673 (HOPE)

Tuesday, March 9, 2010, 7:00 p.m.



St. Helena Center for Health Programs

Taylor's Topic: ***Use Your Brain for Success***

Contacts:

800.358.9204 <http://www.napavalleySmokefree.org/>

800.920.3447 <http://www.napavalleyweightcontrol.org/>

Wednesday, March 10, 2010, 7:00 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: ***The Power of EQ (Emotional Intelligence)***  
Contacts:  
800.358.9205 <http://www.napavalleySmokefree.org/>  
800.920.3448 <http://www.napavalleyWeightcontrol.org/>

### Friday-Friday, March 12-19, 2010



Event: Community Seminars  
Location: Reykjavik, Iceland  
Taylor's Topics:  
Fri-Sun women's retreat: ***Your Brain in the 21st Century***  
Tuesday 2pm: Teacher's workshop  
Tuesday 6pm: Occupational Therapist Students at the University  
Wednesday 8pm: Church in Hafnfrjardur  
***(Male-Female Differences and Extraversion-Ambiversion-Introversion)***  
Friday 8pm: Church in Hafnfrjardur ***(Male-Female Differences and Raise your EQ)***  
Contact Unnur for times and locations:  
e-mail: [unnurhall@simnet.is](mailto:unnurhall@simnet.is)

### Saturday, March 20, 2010



Event: Community Seminars 11am  
Location: Reykjavik, Iceland  
Taylor's Topic: ***7 Secrets of Communication--a Scriptural Perspective***  
Contact for time and location:  
Email: Pastor Lalla Ragnheiður [ingolalla@simnet.is](mailto:ingolalla@simnet.is)

### Tuesday, March 23, 2010, 7:00 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: ***Use Your Brain for Success***  
Contacts:  
800.358.9206 <http://www.napavalleySmokefree.org/>  
800.920.3449 <http://www.napavalleyWeightcontrol.org/>

### Wednesday, March 24, 2010, 7:00 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: ***The Power of EQ (Emotional Intelligence)***  
Contacts:  
800.358.9207 <http://www.napavalleySmokefree.org/>  
800.920.3450 <http://www.napavalleyWeightcontrol.org/>

### Thursday, March 25, 9:00 a.m.-12:00 noon



Event: Meadows of Napa Valley Leadership Training  
Location: Calistoga Ranch, Calistoga, CA  
Taylor's Topics:  
• ***Meet Your Marvelous Brain***  
• ***The Power of Emotional Intelligence, Parts 1 and 2***  
Hosts: Wayne Panchesson and Barbara Hudson



Email: [Bhudson@retirement.org](mailto:Bhudson@retirement.org)

Tuesday, March 30, 2010, 7:00 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: ***Use Your Brain by Design***

Contacts:  
800.358.9208 <http://www.napavalleymokefree.org/>  
800.920.3451 <http://www.napavalleyweightcontrol.org/>

Wednesday, March 31, 2010, 7:00 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: ***Raise Your Emotional Intelligence***

Contacts:  
800.358.9209 <http://www.napavalleymokefree.org/>  
800.920.3452 <http://www.napavalleyweightcontrol.org/>

Thursday, April 1, 2010, 10:00 a.m.



St. Helena Recovery Center  
Taylor's Topic: ***Upshift, Downshift, and About Shift***  
Call: 1-800-454-4673 (HOPE)

Tuesday, April 6, 2010, 7:00 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: ***Freedom from Old Behaviors***  
Contacts:  
800.358.9195 <http://www.napavalleymokefree.org/>  
800.920.3438 <http://www.napavalleyweightcontrol.org/>

Wednesday, April 7, 2010, 7:00 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: ***Upshift, Downshift, and About Shift***  
Contacts:  
800.358.9196 <http://www.napavalleymokefree.org/>  
800.920.3439 <http://www.napavalleyweightcontrol.org/>

Saturday, April 10, 2010



Event: Rotary District Assembly Convention  
Location: Ukiah, CA  
Taylor's Topic:  
12:30-1:30pm ***The Volunteer Brain***  
Hosts: Jim and Kathy Flamson  
Email: [flamsokm@ah.org](mailto:flamsokm@ah.org)  
Phone: 707.967.5793

Tuesday, April 13, 2010, 7:00 p.m.



St. Helena Recovery Center

Taylor's Topic: ***Use Your Brain for Success***  
Call: 1-800-454-4673 (HOPE)  
E-mail: [recovery@ah.org](mailto:recovery@ah.org)

Wednesday, April 14, 2010 9:00 a.m.-12:00 noon



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Location: Frank R. Howard Memorial Hospital, Willits, CA  
Event: Leadership Seminar  
Taylor's Topic: ***The Brain Program*** (with BTSAs completed in advance)  
For additional information on the BTSA, refer to:  
<http://www.arlenetaylor.org/btsa-product>  
Host: Anthony Stahl, HR Director

Wednesday, April 14, 2010, 7:00 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: ***Raise Your EQ***  
Contacts:  
800.358.9197 <http://www.napavalleySmokefree.org/>  
800.920.3440 <http://www.napavalleyweightcontrol.org/>

Thursday, April 15, 2010, 10:00 a.m.



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St. Helena Recovery Center  
Taylor's Topic: ***Freedom from Old Behaviors***  
Call: 1-800-454-4673 (HOPE)  
E-mail: [recovery@ah.org](mailto:recovery@ah.org)

Tuesday, April 20, 2010, 7:00 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: ***Freedom from Old Behaviors***  
Contacts:  
800.358.9198 <http://www.napavalleySmokefree.org/>  
800.920.3441 <http://www.napavalleyweightcontrol.org/>

Wednesday, April 21, 2010, 7:00 p.m.



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Event: Community Seminar  
Location: Pacific Union College, Scales Chapel, Angwin, CA  
Taylor's Topic: ***Age-Proofing Your Memory***  
Host: Lyse Hellie, Health & Wellness Coordinator  
Phone: 707.965.6330  
Email: [lhellie@puc.edu](mailto:lhellie@puc.edu)

Wednesday, April 21, 2010 7:00pm



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Event: Community Seminar, Angwin, CA  
Location: St. Helena Center for Health  
Taylor's Topic: ***Upshift, Downshift, and About Shift DVD***  
Contacts:  
800.358.9198 <http://www.napavalleySmokefree.org/>  
800.920.3441 <http://www.napavalleyweightcontrol.org/>

Saturday, April 24, 2010



Community Seminars, Sunnyvale Church  
653 West Fremont Avenue, Sunnyvale, CA 94087-2401

Taylor's Topics:

- Saturday morning: *7 Secrets of Communication—A Biblical Perspective*
- Saturday 4-6pm - *The Power of Emotional Intelligence*
- Saturday 7pm - *The Brain and Laughter -- How to Laugh and Last*
- Sunday 10:30am - *M-F Differences in Vision Style and Hearing*

Contact: Sherrill Salom, Office Manager

E-mail: [office@sunnyvalesda.org](mailto:office@sunnyvalesda.org)

Phone: 408.732.4080

Tuesday, April 27, 2010, 7:00pm



St. Helena Recovery Center

Taylor's Topic: *Use Your Brain for Success*

Contacts:

800.358.9199 <http://www.napavalleySmokefree.org/>

800.920.3442 <http://www.napavalleyWeightcontrol.org/>

Wednesday, April 28, 2010, 7:00



St. Helena Center for Health Programs

Taylor's Topic: *Raise Your EQ*

Contacts:

800.358.9200 <http://www.napavalleySmokefree.org/>

800.920.3443 <http://www.napavalleyWeightcontrol.org/>

Thursday, April 29, 2010, 10:00 a.m.



St. Helena Recovery Center

Taylor's Topic: *Upshift, Downshift, and About Shift*

Call: 1-800-454-4673 (HOPE)

E-mail: [recovery@ah.org](mailto:recovery@ah.org)

Friday, May 7, 2010, 6:45 p.m.



Event: Successful Thinkers meeting

Location: Ceja Winery, 1248 First Street, Napa, CA 94559, 707.226.6445

Taylor's Topic:

*What Successful Speakers Need...*

Host: Brenda Im and IMPaX World Inc

E-mail: [Kim@impaxworld.com](mailto:Kim@impaxworld.com)

Phone: 916.939.9830

Thursday, May 13, 2010, 10:00am



St. Helena Recovery Center

Taylor's Topic: *Breaking Free of Old Behaviors*

Call: 1-800-454-4673 (HOPE)

E-mail: [recovery@ah.org](mailto:recovery@ah.org)

May 14-16, 2010



Event: Community Seminars  
Location: Hacienda Heights Chinese Church  
2120 South Stimson Ave., Hacienda Heights, CA 91745

Taylor's Topics:

- Friday 7:00 p.m. - *Use Your Brain for Success*
- Saturday 11:00 a.m. - *Unity in Diversity*
- Saturday 3:30 p.m. - *7 Secrets of Communication*
- Saturday 7:00 p.m. - *M-F Differences in Vision Style and Hearing*
- Sunday 4:30 p.m. - *Brain and Laughter--How to Laugh and Last*

Hosts: Eric Tsao MD and Amabel Tsao  
For more information call: (951) 277-8881  
E-mail: [tsao@writeme.com](mailto:tsao@writeme.com)

Tuesday, May 18, 2010, 7:00pm



St. Helena Center for Health Programs  
Taylor's Topic: *Freedom from Old Behaviors*

Contacts:

800.358.9206 <http://www.napavalley smokefree.org/>  
800.920.3449 <http://www.napavalley weightcontrol.org/>

Wednesday, May 19, 2010, 7:00pm



St. Helena Center for Health Programs  
Taylor's Topic: *Upshift, Downshift, and Aboutshift*

Contacts:

800.358.9207 <http://www.napavalley smokefree.org/>  
800.920.3450 <http://www.napavalley weightcontrol.org/>

Thursday, May 20, 2010, 10:00 a.m.



Event: Free Community Lecture  
Location: Rianda House, St. Helena, CA  
Taylor's Topic:

*Age-Proofing Your Brain - How to Make it Fun Using Brain Aerobic Exercises!*

Hosts: Rianda House and St. Helena Hospital  
Contact: Linda Schulz  
Phone: 707.963.6419  
E-mail: [SchulzLK@AH.org](mailto:SchulzLK@AH.org)

Friday, May 21, 2010, 6:45 p.m.



Event: Community Lecture sponsored by IMPaX World Inc  
Location: Napa Valley Marriott Hotel, 3425 Solano Ave., Napa, CA 94558  
Taylor's Topic:

*Energize Your Brain - Strengthen Your Immune System*

Host: Brenda Im and IMPaX World Inc  
E-mail: [Kim@impaxworld.com](mailto:Kim@impaxworld.com)  
Phone: 916.939.9830

Friday, May 21, 2010, 6:30pm



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Event: IMPaX World Inc  
Location: Marriott Hotel, 3420 Solano Avenue, Napa, CA 94558  
Taylor's Topic: ***Energize Your Brain—Support Your Immune System***  
Hosts: Greg and Brenda Im  
Contact: Kim Money  
E-mail: [Kim@impaxworld.com](mailto:Kim@impaxworld.com)  
Phone: 916.939.9830

Saturday, May 22, 2010, 10:00 a.m.



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Event: IMPaX World Inc  
Location: El Dorado Hills, CA  
Taylor's Topic: ***Energize Your Brain—Support Your Immune System***  
Hosts: Greg and Brenda Im  
Contact: Kim Money  
E-mail: [Kim@impaxworld.com](mailto:Kim@impaxworld.com)  
Phone: 916.939.9830

Saturday, May 22, 2010, 10:00 a.m.-1:00 p.m.



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Event: Community Lecture sponsored by IMPaX World Inc  
Location: Hampton Inn & Suites, 155 Placerville Road, Folsom, CA 95630  
Taylor's Topic:  
***Energize Your Brain - Strengthen Your Immune System***  
Host: Brenda Im and IMPaX World Inc  
E-mail: [Kim@impaxworld.com](mailto:Kim@impaxworld.com)  
Phone: 916.939.9830

Sunday, May 23, 2010, 10:00 a.m.



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Event: IMPaX World Inc  
Location: Torrance, CA  
Taylor's Topic: ***Energize Your Brain—Support Your Immune System***  
Hosts: Janet Barnhill and Brenda Im  
Contact: Kim Money  
E-mail: [Kim@impaxworld.com](mailto:Kim@impaxworld.com)  
Phone: 916.939.9830

Sunday, May 23, 2010, 11:00 a.m.-1:00 p.m.



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Event: Community Lecture sponsored by IMPaX World Inc  
Location: Courtyard Marriott, 2633 Sepulveda Blvd., Torrance, CA 90505  
Taylor's Topic:  
***Energize Your Brain - Strengthen Your Immune System***  
Hosts: Brenda Im of IMPaX World Inc, and Janet Barnhill  
E-mail: [garden310@msn.com](mailto:garden310@msn.com) or [Kim@impaxworld.com](mailto:Kim@impaxworld.com)  
Phone: 916.939.9830

Tuesday, May 25, 2010, 7:00 p.m.



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St. Helena Center for Health Programs

Taylor's Topic: *Use Your Brain for Success*

Contacts:

800.358.9208 <http://www.napavalleySmokefree.org/>

800.920.3451 <http://www.napavalleyWeightcontrol.org/>

Wednesday, May 26, 2010, 7:00pm



St. Helena Center for Health Programs

Taylor's Topic: *Raise Your EQ*

Contacts:

800.358.9209 <http://www.napavalleySmokefree.org/>

800.920.3452 <http://www.napavalleyWeightcontrol.org/>

Thursday, May 27, 2010, 10:00 a.m.



St. Helena Recovery Center

Taylor's Topic: *Upshift, Downshift, and About Shift*

Call: 1-800-454-4673 (HOPE)

E-mail: [recovery@ah.org](mailto:recovery@ah.org)

Thursday, May 27, 2010, 12:30 p.m.



Event: Seminar for Work Ability Three Program

Location: Napa Valley College – Napa Campus

Taylor's Topic:

• *Raise Your Emotional Intelligence (EQ)*

Hosts: Napa Valley College, Linda Dietiker-Yolo, Coordinator

Phone: (707) 259-8906

E-mail: [LDietiker@napavalley.edu](mailto:LDietiker@napavalley.edu)

Monday-Friday, May 31-June 4, 2010, 4:00-5:00 p.m.



Event: Carolina Camp Meeting

Location: Lake Junaluska Campground

Taylor's Topics:

• *Use Your Brain for Success*

• *Upshift, Downshift, and About Shift*

• *Male-Female Differences in Vision Style and Hearing*

• *Cellular Memory – Past, Present, and Future*

• *The Brain and Laughter – How to Laugh and Last*

Hosts: Carolina Conference, Gary Moyer, Executive Secretary

Contact: Laura W. Andrews

Phone: 704.596.3200, Ext 5741

Email: [landrews@carolinasda.com](mailto:landrews@carolinasda.com)

Friday, June 4, 2010, 7:00 a.m.



Event: Friday Morning Ministers' Meeting

Location: Lake Junaluska, Terrace Hotel

Taylor's Topic: *7 Secrets of Communication – A Scriptural Perspective*

Hosts: Carolina Conference, Gary Moyer, Executive Secretary

Contact: Laura W. Andrews

Phone: 704.596.3200, Ext 5741

Email: [landrews@carolinasda.com](mailto:landrews@carolinasda.com)

## Sunday-Wednesday, June 6-9, 2010



Event: Program

Hosts: EduQuest and Exploritas (formerly Elder Hostel)

Title: ***Age-Proofing Your Brain--Living Younger while Growing Older***

Location: Gaia, Napa Valley, CA

Taylor's Topics:

- ***Meet Your Marvelous Aging Brain***
- ***The Power of Positive***
- ***Emotional Intelligence***
- ***He Said – She Said***
- ***Use It or Lose It***
- ***Laugh and Last***

Hosts: EduQuest and Cindy Salyer

Web site: [www.eduquestusa.org](http://www.eduquestusa.org)

Phone: (775) 852-5209

Fax: (775) 853-5547

Email: [eduquest@charter.net](mailto:eduquest@charter.net)

## Tuesday, June 8, 2010, 7:00pm



St. Helena Center for Health Programs

Taylor's Topic: ***Freedom from Old Behaviors***

Contacts:

800.358.9210 <http://www.napavalleySmokefree.org/>

800.920.3453 <http://www.napavalleyWeightcontrol.org/>

## Wednesday, June 9, 2010, 6:00pm



St. Helena Center for Health Programs

Taylor's Topic: ***Upshift, Downshift, and About Shift***

Contacts:

800.358.9211 <http://www.napavalleySmokefree.org/>

800.920.3454 <http://www.napavalleyWeightcontrol.org/>

## Thursday, June 10, 2010, 10:00 a.m.



St. Helena Recovery Center

Taylor's Topic: ***Freedom from Old Behaviors***

Call: 1-800-454-4673 (HOPE)

E-mail: [recovery@ah.org](mailto:recovery@ah.org)

## Saturday, June 12, 2010, 10:00 a.m.-3:00 p.m.



Event: Workshop on How to Manage Stress Effectively in Today's World

Location: The Enlightened Mind offices, 409 E. Campbell Avenue, Suite 220, Campbell, CA 95008

Presenters: Arlene R. Taylor, PhD, Connie Umbenhower, Kathy Kerber, and Steve Smith

Taylor's Topic: ***Upshift, Downshift, and About Shift***

Contact: Connie Umbenhower

E-mail: [cumbenhower@gmail.com](mailto:cumbenhower@gmail.com)

Phone: (408) 476-3286

Tuesday, June 15, 2010, 7:00pm



St. Helena Center for Health Programs

Taylor's Topic: ***Use Your Brain for Success***

Contacts:

800.358.9212 <http://www.napavalleymokefree.org/>

800.920.3455 <http://www.napavalleyweightcontrol.org/>

Wednesday, June 16, 2010, 7:00pm



St. Helena Center for Health Programs

Taylor's Topic: ***Raise Your Emotional Intelligence***

Contacts:

800.358.9213 <http://www.napavalleymokefree.org/>

800.920.3456 <http://www.napavalleyweightcontrol.org/>

Thursday, June 17, 2010, 9:15 a.m.



Event: Brain-function Presentation

Location: Duffy's Napa Valley, 3076 Myrtdale Road, Calistoga, CA 94515

Taylor's Topic: ***Freedom From Old Behaviors***

Contact: BJ Clarke, RN, MPA, Program Director

E-mail: [bj@duffysrehab.com](mailto:bj@duffysrehab.com)

Website: [www.duffysrehab.com](http://www.duffysrehab.com)

Phone: 707.942.6888

Wednesday, June 23, 2010, 7:15pm



St. Helena Center for Health Programs

Taylor's Topic: ***Manage Your Brain's Energy Effectively***

Contacts:

800.358.9214 <http://www.napavalleymokefree.org/>

800.920.3457 <http://www.napavalleyweightcontrol.org/>

Wednesday, June 24, 2010, 7:15pm



St. Helena Center for Health Programs

Taylor's Topic: ***Freedom from Old Behaviors***

Contacts:

800.358.9215 <http://www.napavalleymokefree.org/>

800.920.3458 <http://www.napavalleyweightcontrol.org/>

Thursday, June 24, 2010, 10:00 a.m.



St. Helena Recovery Center

Taylor's Topic: ***Upshift, Downshift, and About Shift***

Call: 1-800-454-4673 (HOPE)

Friday, June 25, 2010, 7:00 p.m.





Event: IMPaX World Inc  
Location: Hampton Inn, Folsom, CA  
Taylor's Topic: *If You Can See it—You Can Achieve it!*  
Hosts: Greg and Brenda Im  
Contact: Kim Money  
E-mail: [Kim@impaxworld.com](mailto:Kim@impaxworld.com)  
Phone: 916.939.9830

Saturday, June 26, 2010, 10:00 a.m.-4:00 p.m.



Event: IMPaX World Inc  
Location: Hampton Inn, Folsom, CA  
Taylor's Topic: *How to Get the Opposite Sex to Hear you!*  
Hosts: Greg and Brenda Im  
Contact: Kim Money  
E-mail: [Kim@impaxworld.com](mailto:Kim@impaxworld.com)  
Phone: 916.939.9830

Monday, June 28, 2010, 7:15pm



St. Helena Center for Health Programs  
Taylor's Topic: *Use Your Brain for Success*  
Contacts:  
800.358.9216 <http://www.napavalleymokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Wednesday, June 30, 2010, 7:15pm



St. Helena Center for Health Programs  
Taylor's Topic: *Upshift, Downshift, and About SHift*  
Contacts:  
800.358.9217 <http://www.napavalleymokefree.org/>  
800.920.3460 <http://www.napavalleyweightcontrol.org/>

Thursday, July 1, 2010, 9:15 a.m.



Event: Brain-function Presentation  
Location: Duffy's Napa Valley, 3076 Myrtdale Road, Calistoga, CA 94515  
Taylor's Topic: *Upshift, Downshift, and About Shift*  
Contact: Danielle  
E-mail: [Danielle@duffysrehab.com](mailto:Danielle@duffysrehab.com)  
Website: [www.duffysrehab.com](http://www.duffysrehab.com)  
Phone: 707.942.6888

Wednesday, July 7, 2010, 7:15 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: *Manage Your Brain's Energy Effectively*  
Contacts:  
800.358.9216 <http://www.napavalleymokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Thursday, July 8, 2010, 7:15 p.m.



St. Helena Center for Health Programs  
Taylor's Topic:

• ***Freedom from Old Behaviors (DVD)***

Contacts:

800.358.9216 <http://www.napavalleySmokefree.org/>

800.920.3459 <http://www.napavalleyweightcontrol.org/>

Thursday, July 8, 2010, 10:00 a.m.



St. Helena Recovery Center

Taylor's Topic: ***Freedom from Old Behaviors***

Call: 1-800-454-4673 (HOPE)

E-mail: [recovery@ah.org](mailto:recovery@ah.org)

Friday, July 9, 2010, 10:00 a.m.-12:00 noon



Event: Leadership Seminar

Location: Walla Walla General Hospital, 1025 South Second Avenue

Walla Walla, WA 99362

College Place, WA 99324-1845

Taylor's Topics:

***Use Your Brain for Success***

***Upshift, Downshift, and About Shift***

Hosts: Monty Knittel, Hospital President

Barbara Blood, Human Resources Director

Email: [BloodBA@AhH.Org](mailto:BloodBA@AhH.Org)

Phone: 509-527-8000, ext. 1130

Friday, July 9, 2010, 7:30 p.m.



Event: Community Lecture

Location: SonBridge Community Center, 1200 Southeast 12th Street,

College Place, WA 99324-1845

Taylor's Topic:

***The Power of Emotional Intelligence***

Host: Yvonne Stratton, MD

E-mail: [HealthMinistriesWWU@gmail.com](mailto:HealthMinistriesWWU@gmail.com)

Phone: 509.540.6606

Phone: SonBridge 509.529.3100

Saturday, July 10, 2010, 10:00 a.m.



Event: Community Lecture

Location: Location: SonBridge Community Center, 1200 Southeast 12th Street,

College Place, WA 99324-1845

Taylor's Topic:

***7 Secrets of Communication—A Scriptural Perspective***

Host: Yvonne Stratton, MD

E-mail: [HealthMinistriesWWU@gmail.com](mailto:HealthMinistriesWWU@gmail.com)

Phone: 509.540.6606

Phone: SonBridge 509.540.6606

Saturday, July 10, 2010, 3:00-5:00 p.m.



Event: Community Lecture

Location: SonBridge Community Center, 1200 Southeast 12th Street,  
College Place, WA 99324-1845

Taylor's Topic:

***Age Proof Your Brain***

Host: Yvonne Stratton, MD

E-mail: [HealthMinistriesWWU@gmail.com](mailto:HealthMinistriesWWU@gmail.com)

Phone: 509.540.6606

Phone: SonBridge 509.540.6606

Saturday, July 10, 2010, 8:00 p.m.



Event: Community Lecture

Location: SonBridge Community Center, 1200 Southeast 12th Street,  
College Place, WA 99324-1845

Taylor's Topic:

***The Brain and Laughter – How to Laugh and Last***

Host: Yvonne Stratton, MD

E-mail: [HealthMinistriesWWU@gmail.com](mailto:HealthMinistriesWWU@gmail.com)

Phone: 509.540.6606

Phone: SonBridge 509.529.3100

Sunday, July 11, 2010, 9:00 a.m.-1:00 p.m.



Event: Community Brain Program, including brunch

Location: SonBridge Community Center, 1200 Southeast 12th Street,  
College Place, WA 99324-1845

Taylor's Topic:

***The Brain Program***

Note: Open to the first 25 individuals who register.

Host: Yvonne Stratton, MD

E-mail: [HealthMinistriesWWU@gmail.com](mailto:HealthMinistriesWWU@gmail.com)

Phone: 509.540.6606

Phone: SonBridge 509-529-3100

Monday, July 12, 2010, 7:14 p.m.



St. Helena Center for Health Programs

Taylor's Topic:

• ***Use Your Brain for Success***

Contacts:

800.358.9216 <http://www.napavalleySmokefree.org/>

800.920.3459 <http://www.napavalleyweightcontrol.org/>

Wednesday, July 14, 2010, 7:15 p.m.



St. Helena Center for Health Programs

Taylor's Topic:

• ***Upshift, Downshift, and About Shift***

Contacts:

800.358.9216 <http://www.napavalleySmokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Thursday, July 15, 2010, 9:15 a.m.



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Event: Brain-function Presentation  
Location: Duffy's Napa Valley, 3076 Myrtledale Road, Calistoga, CA 94515  
Taylor's Topic: ***Freedom From Old Behaviors***  
Contact: Danielle  
E-mail: [Danielle@duffysrehab.com](mailto:Danielle@duffysrehab.com)  
Website: [www.duffysrehab.com](http://www.duffysrehab.com)  
Phone: 707.942.6888

Tuesday, July 21, 2010, 7:15 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: ***Manage Your Brain's Energy Effectively***  
Contacts:  
800.358.9216 <http://www.napavalleySmokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Thursday, July 22, 2010, 10:00 a.m.



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St. Helena Recovery Center  
Taylor's Topic: ***Upshift, Downshift, and Aboutshift***  
Call: 1-800-454-4673 (HOPE)  
E-mail: [recovery@ah.org](mailto:recovery@ah.org)

Thursday, July 22, 2010, 7:15 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: ***Freedom from Old Behaviors***  
Contacts:  
800.358.9216 <http://www.napavalleySmokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Monday, July 26, 2010, 7:15pm



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St. Helena Center for Health  
Taylor's Topic: ***Use Your Brain for Success***  
Contacts:  
800.358.9216 <http://www.napavalleySmokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Wednesday, July 28, 2010, 7:15 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: ***Upshift, Downshift, and About Shift***  
Contacts:  
800.358.9216 <http://www.napavalleySmokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Thursday, July 29, 2010, 9:15 a.m.



Event: Brain-function Presentation  
Location: Duffy's Napa Valley, 3076 Myrtdale Road, Calistoga, CA 94515  
Taylor's Topic: *Upshift, Downshift, and About Shift*  
Contact: Danielle  
E-mail: [Danielle@duffysrehab.com](mailto:Danielle@duffysrehab.com)  
Website: [www.duffysrehab.com](http://www.duffysrehab.com)  
Phone: 707.942.6888

Wednesday, August 4, 2010, 7:15 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: *Manage Your Brain's Energy Effectively*  
Contacts:  
800.358.9216 <http://www.napavalleySmokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Thursday, August 5, 2010, 7:15 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: *Freedom from Old Behaviors*  
Contacts:  
800.358.9216 <http://www.napavalleySmokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Thursday, August 5, 2010, 10:00 a.m.



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St. Helena Recovery Center  
Taylor's Topic: *Freedom from Old Behaviors*  
Call: 1-800-454-4673 (HOPE)  
E-mail: [recovery@ah.org](mailto:recovery@ah.org)

Monday, August 9, 2010, 7:15 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: *Use Your Brain for Success*  
Contacts:  
800.358.9216 <http://www.napavalleySmokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Wednesday, August 11, 2010, 7:15 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: *Upshift, Downshift, and About Shift*  
Contacts:  
800.358.9216 <http://www.napavalleySmokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Thursday, August 12, 2010, 9:15 a.m.



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Event: Brain-function Presentation  
Location: Duffy's Napa Valley, 3076 Myrtdale Road, Calistoga, CA 94515  
Taylor's Topic: *Freedom From Old Behaviors*  
Contact: Danielle

E-mail: [Danielle@duffysrehab.com](mailto:Danielle@duffysrehab.com)  
Website: [www.duffysrehab.com](http://www.duffysrehab.com)  
Phone: 707.942.6888

Wednesday, August 18, 2010, 7:15 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: ***Manage Your Brain's Energy Advantage Effectively***  
Contacts:  
800.358.9216 <http://www.napavalleymokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Thursday, August 19, 2010, 7:15 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: ***Upshift, Downshift, and Aboutshift***  
Contacts:  
800.358.9216 <http://www.napavalleymokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Thursday, August 19, 2010, 10:00 a.m.



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St. Helena Recovery Center  
Taylor's Topic:  
• ***Upshift, Downshift, and Aboutshift***  
Call: 1-800-454-4673 (HOPE)  
E-mail: [recovery@ah.org](mailto:recovery@ah.org)

Tuesday, August 24, 2010, 9:00-11:00 a.m.



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Event: PALM (Problem Addiction in Labor Management)  
Location: UFCW, Local 5, 4121 Alhambra Ave, Martinez, CA  
Taylor's Topic:  
***Raise Your Emotional Intelligence***  
Host: Lynn Wallace  
Phone: 707-649-4098  
Email: [WallaceL1@ah.org](mailto:WallaceL1@ah.org)

Monday, August 23, 2010, 7:15 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: ***Use Your Brain for Success***  
Contacts:  
800.358.9216 <http://www.napavalleymokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Wednesday, August 25, 2010, 7:15 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: ***Upshift, Downshift, and About Shift (DVD)***  
Contacts:  
800.358.9216 <http://www.napavalleymokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

## Thursday, August 26, 2010



Event: Parker Adventist Hospital Leadership Retreat

Location: Tabernash, CO

Taylor's Topics:

9:00am: *Upshift, Downshift, and About Shift*

11:00am: *The Brain and Laughter - How to Laugh and Last*

Contacts: Michael Hansen, Spiritual Services

Lisa Poggas, Administrative Assistant

E-mail: [lisapoggas@centura.org](mailto:lisapoggas@centura.org)

Phone: 303.269.4580

## Friday, August 27, 2010



Event: Parker Adventist Hospital Leadership Retreat

Location: Devil's Thumb Ranch, Tabernash, CO

Taylor's Topics:

9:00am: *Upshift, Downshift, and About Shift*

11:00am: *The Brain and Laughter - How to Laugh and Last*

Contacts: Michael Hansen, Spiritual Services

Lisa Poggas, Administrative Assistant

E-mail: [lisapoggas@centura.org](mailto:lisapoggas@centura.org)

Phone: 303.269.4580

## Wednesday, September 1, 2010, 7:15 p.m.



St. Helena Center for Health Programs

Taylor's Topic: *Manage Your Brain's Energy Effectively*

Contacts:

800.358.9216 <http://www.napavalleySmokefree.org/>

800.920.3459 <http://www.napavalleyweightcontrol.org/>

## Thursday, September 2, 2010, 7:15 p.m.



St. Helena Center for Health Programs

Taylor's Topic: *Freedom From Old Behaviors*

Contacts:

800.358.9216 <http://www.napavalleySmokefree.org/>

800.920.3459 <http://www.napavalleyweightcontrol.org/>

## Thursday, September 2, 2010, 10:00 a.m.



St. Helena Recovery Center

Taylor's Topic: *Freedom from Old Behaviors*

Call: 1-800-454-4673 (HOPE)

E-mail: [recovery@ah.org](mailto:recovery@ah.org)

## Monday, September 6, 2010, 7:15 p.m.



St. Helena Center for Health Programs

Taylor's Topic: *Use Your Brain for Success*

Contacts:

800.358.9216 <http://www.napavalleymokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

### Wednesday, September 8, 7:15 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: ***Upshift, Downshift, and About Shift***  
Contacts:

800.358.9216 <http://www.napavalleymokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

### Thursday, September 9, 2010, 9:15 a.m.



Event: Brain-function Presentation  
Location: Duffy's Napa Valley, 3076 Myrtle Dale Road, Calistoga, CA 94515  
Taylor's Topic: ***Freedom From Old Behaviors***  
Contact: Danielle  
E-mail: [Danielle@duffysrehab.com](mailto:Danielle@duffysrehab.com)  
Website: [www.duffysrehab.com](http://www.duffysrehab.com)  
Phone: 707.942.6888

### Friday-Saturday, September 10-11, 2010



Event: Pathfinder Convention  
Location: Leonie Meadows Camp  
Taylor's Topic: ***Dealing with Difficult People*** (4 sessions)  
Hosts: NCC Pathfinder Association  
Rex Shepherd, Area 8 Coordinator

### Monday, September 13, 2010, 7:00 p.m.



Event: Healthy U Depression-Recovery Series  
Location: Natomas Crossroads Church  
1101 National Drive, Sacramento, CA 95834  
Taylor's Topic:  
***Rethinking Depression--How to Fill Your Potholes***  
Charlie Bowman  
E-mail: [bowmancm@ah.org](mailto:bowmancm@ah.org)  
Web site: <http://www.natomascrossroads.org>  
Phone: 916.568.6608

### Wednesday, September 15, 2010, 7:15p.m.



St. Helena Center for Health Programs  
Taylor's Topic: ***Manage Your Brain's Energy Advantage***  
Contacts:  
800.358.9216 <http://www.napavalleymokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

### Thursday, September 16, 2010, 7:15 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: ***Freedom from Old Behaviors***  
Contacts:



800.358.9216 <http://www.napavalleySmokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Thursday, September 16, 2010, 10:00 a.m.



St. Helena Recovery Center  
Taylor's Topic: ***Upshift, Downshift, and Aboutshift***  
Call: 1-800-454-4673 (HOPE)  
E-mail: [recovery@ah.org](mailto:recovery@ah.org)

Saturday, September 18, 2010



Event: Community Seminar  
Location: 1800 Linda Vista Drive, Porterville, CA 93258  
Taylor's Topics:  
• Saturday 11am:  
***Think on These Things – the Power of Internal Mental Picturing***  
• Saturday afternoon:  
***Breaking Free of Old Behaviors***  
***Laughter and the Brain - Take Two, To and Too***  
Host: Karyn Neal  
E-mail: [kneal@porterville.k12.ca.us](mailto:kneal@porterville.k12.ca.us)  
[porterville@cccsda.org](mailto:porterville@cccsda.org)

Sunday-Wednesday, September 19-22, 2010



Event: RoadScholar (formerly Elderhostel) Program - Age-Proofing Your Brain  
Location: Gaia, Napa Valley, CA  
Taylor's Topics:  
• ***Meet Your Marvelous Brain***  
• ***The Power of Positive***  
• ***Emotional Intelligence***  
• ***He Said – She Said***  
• ***Use It or Lose It***  
• ***How to Laugh and Last***  
Hosts: EduQuest and Cindy Salyer  
Web site: [www.eduquestusa.org](http://www.eduquestusa.org)  
Phone: (775) 852-5209  
Fax: (775) 853-5547  
Email: [eduquest@charter.net](mailto:eduquest@charter.net)

Monday, September 20, 2010, 7:15 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: ***Use Your Brain for Success***  
Contacts:  
800.358.9216 <http://www.napavalleySmokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Wednesday, September 22, 7:15 p.m.



St. Helena Center for Health Programs  
Taylor's Topic: ***Upshift, Downshift, and About Shift***

Contacts:

800.358.9216 <http://www.napavalleySmokefree.org/>

800.920.3459 <http://www.napavalleyWeightcontrol.org/>

### Thursday, September 23, 2010, 9:15 a.m.



Event: Brain-function Presentation

Location: Duffy's Napa Valley, 3076 Myrtdale Road, Calistoga, CA 94515

Taylor's Topic: ***Upshift, Downshift, and About Shift***

Contact: Danielle

E-mail: [Danielle@duffysrehab.com](mailto:Danielle@duffysrehab.com)

Website: [www.duffysrehab.com](http://www.duffysrehab.com)

Phone: 707.942.6888

### Friday, September 24, 2010, 7:00 p.m.



Event: Community seminars

Location: 15 140th Avenue Northeast, Bellevue, WA 98005

Taylor's Topic: ***The Power of Emotional Intelligence***

Hosts: Maylan Schurch and Carrol Grady

E-mail: [bellevuesda@qwestoffice.net](mailto:bellevuesda@qwestoffice.net) or [carrolgrady@hotmail.com](mailto:carrolgrady@hotmail.com)

Phone: 425.746.1763 or 509.540.6606

### Saturday, September 25, 2010



Event: Community seminars

Location: 15 140th Avenue Northeast, Bellevue, WA 98005

Taylor's Topics:

• 11:00 a.m. ***Unity in Diversity***

• 2:00 p.m. ***Use Your Brain for Success***

***Upshift, Downshift, and About Shift***

Hosts: Maylan Schurch and Carrol Grady

E-mail: [bellevuesda@qwestoffice.net](mailto:bellevuesda@qwestoffice.net) or [carrolgrady@hotmail.com](mailto:carrolgrady@hotmail.com)

Phone: 425.746.1763 or 509.540.6606

### Sunday, September 26, 2010, 9:00 a.m.



Event: Community seminars (includes breakfast)

Location: 15 140th Avenue Northeast, Bellevue, WA 98005

Taylor's Topics:

• 10:00 a.m. ***The Brain and Male-Female Differences***

• 11:00 a.m. ***The Brain and Laughter – How to Laugh and Last***

Hosts: Maylan Schurch and Carrol Grady

E-mail: [bellevuesda@qwestoffice.net](mailto:bellevuesda@qwestoffice.net) or [carrolgrady@hotmail.com](mailto:carrolgrady@hotmail.com)

Phone: 425.746.1763 or 509.540.6606

### Wednesday, September 29, 2010, 7:15 p.m.



St. Helena Center for Health Programs

Taylor's Topic: ***Manage Your Brain's Energy Effectively***

Contacts:

800.358.9216 <http://www.napavalleySmokefree.org/>

800.920.3459 <http://www.napavalleyWeightcontrol.org/>

Thursday, September 30, 2010, 7:15 p.m.



St. Helena Center for Health Programs

Taylor's Topic:

• ***Upshift, Downshift, and Aboutshift***

Contacts:

800.358.9216 <http://www.napavalleySmokefree.org/>

800.920.3459 <http://www.napavalleyWeightcontrol.org/>

Thursday, September 30, 2010, 10:00 a.m.



St. Helena Recovery Center

Taylor's Topic: ***Freedom from Old Behaviors***

Call: 1-800-454-4673 (HOPE)

E-mail: [recovery@ah.org](mailto:recovery@ah.org)

Monday, October 4, 2010, 7:15 p.m.



St. Helena Center for Health Programs

Taylor's Topic: ***Use Your Brain for Success***

Contacts:

800.358.9216 <http://www.napavalleySmokefree.org/>

800.920.3459 <http://www.napavalleyWeightcontrol.org/>

Wednesday, October 6, 7:15 p.m.



St. Helena Center for Health Programs

Taylor's Topic: ***Upshift, Downshift, and About Shift***

Contacts:

800.358.9216 <http://www.napavalleySmokefree.org/>

800.920.3459 <http://www.napavalleyWeightcontrol.org/>

Thursday, October 7, 2010, 9:15 a.m.



Event: Brain-function Presentation

Location: Duffy's Napa Valley, 3076 Myrtdale Road, Calistoga, CA 94515

Taylor's Topic: ***Freedom From Old Behaviors***

Contact: Danielle

E-mail: [Danielle@duffysrehab.com](mailto:Danielle@duffysrehab.com)

Website: [www.duffysrehab.com](http://www.duffysrehab.com)

Phone: 707.942.6888

Thursday, October 7, 2010, 7:00-9:00 p.m.



Event: Community Brain-Function Seminar

Cost: No charge for seminar (donations gladly accepted)

Location: 611 South Van Ness, San Francisco, CA 94110

Second Wind assembly room (second floor)

Taylor's Topic: ***How to Use Your Brain for Success***

“Meet Your Marvelous Brain” and “Upshift, Downshift, and Aboutshift”

Sponsors: Second Wind and Realizations Inc (Nonprofit Corporations)

Hosts: Greg and Shasta Nelson

E-mail: [info@secondwindSF.org](mailto:info@secondwindSF.org)  
Phone: 415-748-0015

Tuesday, October 12, 2010, 12:00-1:30 p.m.



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Event: SF Employee Assistance Professionals Association  
Location: Sinbad's Restaurant, SF Embarcadero  
Taylor's Topic:  
***Upshift, Downshift, and About Shift***  
Host: BJ Clarke  
Email: [bjandjoe@gmail.com](mailto:bjandjoe@gmail.com)

Tuesday, October 12, 2010, 4:00 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: ***How to Manage Your Brain's Energy Effectively***  
Contacts:  
800.358.9216 <http://www.napavalleySmokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Thursday, October 14, 2010, 9:00 a.m.-12:00 noon



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Event: Annual Clergy Conference  
Location: Central Texas Medical Center, 1301 Wonder World Drive,  
San Marcos, TX 78666  
Taylor's Topics:  
• ***Unity in Diversity***  
• ***Raise Your Emotional Intelligence***  
• ***Cellular Memory--Past, Present, and Future***  
Contact: Merlin Starr, Spiritual Services  
Email: [Merlin.Starr@ahss.org](mailto:Merlin.Starr@ahss.org)  
[Debbie.Cox@ahss.org](mailto:Debbie.Cox@ahss.org)  
Phone: 512.753.3546  
Fax: 512.753.3663

Thursday, October 14, 2010, 1:00-5:00 p.m.



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Event: Professional Leadership Training  
Location: Central Texas Medical Center, 1301 Wonder World Drive,  
San Marcos, TX 78666  
Taylor's Topics:  
• ***Use Your Brain for Success***  
• ***Freedom from Old Behaviors***  
• ***Raise Your Emotional Intelligence***  
• ***Upshift, Downshift, and About Shift***  
Hosts: CTMC and Merlin Starr, Spiritual Services  
Contact: Merlin Starr, Spiritual Services  
Email: [Merlin.Starr@ahss.org](mailto:Merlin.Starr@ahss.org)  
Phone: 512.753.3661  
Contact: Debbie Cox, FACHE, Admin Dir Human Resources  
Email: [Debbie.Cox@ahss.org](mailto:Debbie.Cox@ahss.org)  
Phone: 512.753.3546

Fax: 512.753.3663

Thursday, October 14, 2010, 7:15pm



St. Helena Center for Health Programs

Taylor's Topic: ***Upshift, Downshift, and About Shift (DVD)***

Contacts:

800.358.9216 <http://www.napavalley smokefree.org/>

800.920.3459 <http://www.napavalley weightcontrol.org/>

Friday, October 15, 2010, 7:00-9:00 p.m.



Event: Community Seminar

Location: 1523 Ranch Road 12, San Marcos, TX 78666-2921

Taylor's Topic: ***The Power of Emotional Intelligence—How to Raise Yours, Parts 1 and 2***

Saturday, October 16, 2010



Event: Community Seminars

Location: 1523 Ranch Road 12, San Marcos, TX 78666-2921

Taylor's Topics:

- ***11am : 7 Secrets of Communication—a Scriptural Perspective***
- ***7-9pm: How to Deal with Difficult People***

Host: Chad Carlton

E-mail: [smsda1523@yahoo.com](mailto:smsda1523@yahoo.com)

Phone: 512-396-5211 or 512-392-9475

Sunday, October 17, 2010, 9:30 a.m.-12:00 noon



Event: Sunday Morning Brunch and Seminar

Location: 1523 Ranch Road 12, San Marcos, TX 78666-2921

Taylor's Topics:

- ***M-F Differences—How to “Hear” the Opposite Gender***
- ***The Brain and Laughter—How to Laugh and Last***

Monday, October 18, 2010, 7:15 p.m.



St. Helena Center for Health Programs

Taylor's Topic: ***Use Your Brain for Success***

Contacts:

800.358.9216 <http://www.napavalley smokefree.org/>

800.920.3459 <http://www.napavalley weightcontrol.org/>

Wednesday, October 20, 7:15 p.m.



St. Helena Center for Health Programs

Taylor's Topic: ***Upshift, Downshift, and About Shift***

Contacts:

800.358.9216 <http://www.napavalley smokefree.org/>

800.920.3459 <http://www.napavalley weightcontrol.org/>

Thursday, October 21, 2010, 9:15 a.m.



Event: Brain-function Presentation  
Location: Duffy's Napa Valley, 3076 Myrtdale Road, Calistoga, CA 94515  
Taylor's Topic: *Upshift, Downshift, and About Shift*  
Contact: BJ Clarke, RN, MPA, Program Director  
E-mail: [bj@duffysrehab.com](mailto:bj@duffysrehab.com)  
Website: [www.duffysrehab.com](http://www.duffysrehab.com)  
Phone: 707.942.6888

Wednesday, October 27, 2010, 4:00 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: *Manage Your Brain's Energy Effectively*  
Contacts:  
800.358.9216 <http://www.napavalleySmokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Thursday, October 28, 2010, 7:15 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: *Freedom from Old Behaviors*  
Contacts:  
800.358.9216 <http://www.napavalleySmokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Thursday, October 28, 2010, 10:00 a.m.



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St. Helena Recovery Center  
Taylor's Topic:  
• *Freedom from Old Behaviors*  
Call: 1-800-454-4673 (HOPE)  
E-mail: [recovery@ah.org](mailto:recovery@ah.org)

Tuesday, November 2, 2010, 4:45 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: *Use Your Brain for Success*  
Contacts:  
800.358.9216 <http://www.napavalleySmokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Wednesday, November 3, 3:00 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: *Upshift, Downshift, and About Shift*  
Contacts:  
800.358.9216 <http://www.napavalleySmokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Wednesday, November 3, 2010, 7:00 p.m.



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Event: Community Seminar  
Location: Pacific Union College, Scales Chapel  
Angwin, CA

Taylor's Topic: ***Male and Female Brains: Vision Style and Hearing Differences***  
Host: Pacific Union College Health & Wellness Program  
Contact: Holly Jeske, Health and Wellness Coordinator  
Phone: 707.965.6330  
E-mail: [hjeske@PUC.edu](mailto:hjeske@PUC.edu)

Thursday, November 4, 2010, 9:15 a.m.



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Event: Brain-function Presentation  
Location: Duffy's Napa Valley, 3076 Myrtdale Road, Calistoga, CA 94515  
Taylor's Topic: ***Freedom From Old Behaviors***  
Contact: Danielle  
E-mail: [Danielle@duffysrehab.com](mailto:Danielle@duffysrehab.com)  
Website: [www.duffysrehab.com](http://www.duffysrehab.com)  
Phone: 707.942.6888

Thursday, November 4, 2010, 7:00-9:00 p.m.



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Event: Community Brain-Function Seminar  
Cost: No charge for seminar (donations gladly accepted)  
Location: 611 South Van Ness, San Francisco, CA 94110  
Second Wind assembly room (second floor)  
Taylor's Topic: ***The Secret of Living Effectively with Your Emotions***  
"Manage Your Emotions" and "Raise Your Emotional Intelligence"  
Sponsors: Second Wind and Realizations Inc (Nonprofit Corporations))  
Hosts: Greg and Shasta Nelson  
E-mail: [info@secondwindSF.org](mailto:info@secondwindSF.org)  
Phone: 415-748-0015

Wednesday, November 10, 2010, 7:15 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: ***Manage Your Brain's Energy Effectively***  
Contacts:  
800.358.9216 <http://www.napavalleySmokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Thursday, November 11, 2010, 10:00 a.m.



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St. Helena Recovery Center  
Taylor's Topic: ***Upshift, Downshift, and Aboutshift***  
Call: 1-800-454-4673 (HOPE)  
E-mail: [recovery@ah.org](mailto:recovery@ah.org)

Thursday, November 11, 2010, 7:15 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: ***Freedom from Old Behaviors***  
Contacts:  
800.358.9216 <http://www.napavalleySmokefree.org/>  
800.920.3459 <http://www.napavalleyweightcontrol.org/>

Friday, November 12, 2010, 7:00-9:00 p.m.



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Event: Community Seminars  
Location: 3609 Vanda Lee Way, South Lake Tahoe, CA  
Topic: ***The Power of Emotional Intelligence***  
Host: Brad Minett  
Phone: 530.545.8099  
E-mail: [castlediamond29@yahoo.com](mailto:castlediamond29@yahoo.com)

Saturday, November 13, 2010, 11:00 a.m.



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Event: Local Church Service  
Location: Location: 3609 Vanda Lee Way, South Lake Tahoe, CA  
Taylor's Topic: ***Unity in Diversity***  
Host: Brad Minett  
Phone: 530.545.8099  
E-mail: [castlediamond29@yahoo.com](mailto:castlediamond29@yahoo.com)

Saturday, November 13, 2010, 2:00-4:00 p.m.



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Event: Community Seminar  
Location: Location: 3609 Vanda Lee Way, South Lake Tahoe, CA  
Taylor's Topics: ***Use Your Brain for Success***  
***Cellular Memory***  
Host: Brad Minett  
Phone: 530.545.8099  
E-mail: [castlediamond29@yahoo.com](mailto:castlediamond29@yahoo.com)

Saturday, November 13, 2010, 7:00-9:00 p.m.



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Event: Community Seminar  
Location: 3609 Vanda Lee Way, South Lake Tahoe, CA  
Taylor's Topics: ***M-F Differences in Vision Style and Hearing***  
***The Brain and Laughter – How to Laugh and Last***  
Host: Brad Minett  
Phone: 530.545.8099  
E-mail: [castlediamond29@yahoo.com](mailto:castlediamond29@yahoo.com)

Monday, November 15, 2010, 7:15 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: ***Use Your Brain for Success***  
Contacts:  
800.358.9216 <http://www.napavalley smokefree.org/>  
800.920.3459 <http://www.napavalley weightcontrol.org/>

Wednesday, November 17, 7:15 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: ***Upshift, Downshift, and About Shift***  
Contacts:  
800.358.9216 <http://www.napavalley smokefree.org/>  
800.920.3459 <http://www.napavalley weightcontrol.org/>



Thursday, November 18, 2010, 9:15 a.m.



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Event: Brain-function Presentation  
Location: Duffy's Napa Valley, 3076 Myrtdale Road, Calistoga, CA 94515  
Taylor's Topic: ***Upshift, Downshift, and About Shift***  
Contact: Danielle  
E-mail: [Danielle@duffysrehab.com](mailto:Danielle@duffysrehab.com)  
Website: [www.duffysrehab.com](http://www.duffysrehab.com)  
Phone: 707.942.6888

Thursday, November 25, 2010, 10:00 a.m.



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St. Helena Recovery Center – Thanksgiving  
Taylor's Topic: ***Freedom from Old Behaviors (DVD)***  
Call: 1-800-454-4673 (HOPE)  
E-mail: [recovery@ah.org](mailto:recovery@ah.org)

Wednesday, December 15, 2010, 7:15 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: ***Use Your Brain's Energy Effectively***  
Contacts:  
800.358.9216 <http://www.napavalley smokefree.org/>  
800.920.3459 <http://www.napavalley weightcontrol.org/>

Thursday, December 16, 7:15 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: ***Freedom from Old Behaviors***  
Contacts:  
800.358.9216 <http://www.napavalley smokefree.org/>  
800.920.3459 <http://www.napavalley weightcontrol.org/>

Thursday, December 16, 2010, 9:15 a.m.



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Event: Brain-function Presentation  
Location: Duffy's Napa Valley, 3076 Myrtdale Road, Calistoga, CA 94515  
Taylor's Topic: ***Upshift, Downshift, and About Shift***  
Contact: Danielle  
E-mail: [Danielle@duffysrehab.com](mailto:Danielle@duffysrehab.com)  
Website: [www.duffysrehab.com](http://www.duffysrehab.com)  
Phone: 707.942.6888

Monday, December 2, 2010, 7:15 p.m.



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St. Helena Center for Health Programs  
Taylor's Topic: ***Use Your Brain for Success***  
Contacts:  
800.358.9216 <http://www.napavalley smokefree.org/>  
800.920.3459 <http://www.napavalley weightcontrol.org/>

Wednesday, December 22, 2010, 7:15 p.m.



St. Helena Center for Health Programs

Taylor's Topic: *Upshift, Downshift, and About Shift*

Contacts:

800.358.9216 <http://www.napavalleySmokefree.org/>

800.920.3459 <http://www.napavalleyweightcontrol.org/>

Thursday, December 23, 2010, 10:00 a.m.



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St. Helena Recovery Center

Taylor's Topic: *Freedom from Old Behaviors*

Call: 1-800-454-4673 (HOPE)

E-mail: [recovery@ah.org](mailto:recovery@ah.org)

Thursday, December 30, 2010, 9:15 a.m.



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Event: Brain-function Presentation

Location: Duffy's Napa Valley, 3076 Myrtdale Road, Calistoga, CA 94515

Taylor's Topic: *Freedom From Old Behaviors*

Contact: Danielle

E-mail: [Danielle@duffysrehab.com](mailto:Danielle@duffysrehab.com)

Website: [www.duffysrehab.com](http://www.duffysrehab.com)

Phone: 707.942.6888