

# Speaking Schedule 2008

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## Tuesday, January 22, 2008

Event: Transformations Program

Location: The St. Helena Center for Health, St. Helena, California

Taylor's Topics:

- Use Your Brain for Success
- Understanding Your Innate Giftedness
- Handling Your Habits

Host/Contact: The St. Helena Center for Health

E-mail: [shuhealth@ah.org](mailto:shuhealth@ah.org)

Phone: (800) 358-9195

Fax: (707) 967-5828

## Monday, February 4, 2008

Event: Smoke-Free Life Program

Location: The St. Helena Center for Health, St. Helena, California

Taylor's Topics:

- Breaking Free from Old Behaviors
- The Brain and Laughter

Host/Contact: St. Helena Center for a Smoke-Free Life; Betsy Titus, Coordinator

E-mail: [shuhealth@ah.org](mailto:shuhealth@ah.org)

Phone: (800) 358-9195

Fax: (707) 967-5828

## Wednesday, February 6, 2008 – 11:30 a.m.-1:30 p.m.

Event: Hidden Valley Lake Ladies Luncheon Club - Reservations required

Location: Hidden Valley, California

- Taylor's Topic: The Brain and Laughter

Hosts/Contacts: Linda Fergusson; Carol Brossier; Sandy Holland

Phone: (707) 987-0123

E-mail: [callfergie@yahoo.com](mailto:callfergie@yahoo.com)

Web site: [www.CallFergie.com](http://www.CallFergie.com)

## Friday, February 8, 2008, 9:00 a.m.-4:00 p.m.

Event: Community Seminar

Location: Richland, Washington

Taylor's Topic:

- The Brain Program

Host/Contact: Eric Shadle, Sharon Draggon, and Sheila Schroeder

E-mail: rl-sda@owt.com; syschroeder@charter.net  
Phone: (509) 946-8807

### Saturday, February 9, 2008, 11:00 a.m.

Event: Community Seminar  
Location: 1807 McMurray Avenue, Richland, Washington  
Taylor's Topic:  
• 7 Secrets of Communication – a Scriptural Perspective  
Host/Contact: Eric Shadle, Sharon Draggon, and Sheila Schroeder  
E-mail: rl-sda@owt.com; syschroeder@charter.net  
Phone: (509) 946-8807

### Saturday, February 9, 2008, 2:00-4:00 p.m.

Event: Community Seminar  
Location: 1807 McMurray Avenue, Richland, Washington  
Taylor's Topic:  
• Use Your Brain for Success  
• Downshifting—Managing a Natural Brain Phenomenon  
Host/Contact: Eric Shadle, Sharon Draggon, and Sheila Schroeder  
E-mail: rl-sda@owt.com; syschroeder@charter.net  
Phone: (509) 946-8807

### Sunday, February 10, 2008, 9:00 a.m.-12:00 p.m.

Event: Community Seminar  
Location: 1807 McMurray Avenue, Richland, Washington  
Taylor's Topic:  
• The Brain and Male-Female Differences  
• The Brain and Laughter—Laugh and Last  
Host/Contact: Eric Shadle, Sharon Draggon, and Sheila Schroeder  
E-mail: rl-sda@owt.com; syschroeder@charter.net  
Phone: (509) 946-8807

### Monday, February 18, 2008

Event: Transformations Program  
Location: The St. Helena Center for Health, St. Helena, California  
Taylor's Topics:  
• Use Your Brain for Success  
• Understanding Your Innate Giftedness  
• Handling Your Habits  
Host/Contact: The St. Helena Center for Health  
E-mail: shuhealth@ah.org  
Phone: (800) 358-9195

Fax: (707) 967-5828

## Saturday, February 23, 2008, 9:00 a.m.-4:00 p.m.

Fresno, California

Educational seminar for Break the Barriers

Taylor's topics:

- Use Your Brain for Success
- The E:I Impact
- Sensory Preference
- Brain Lead
- Downshifting
- The Brain and Laughter

Contact: Gale Gorke, Coordinator

Web site: [www.breakthebarriers.org](http://www.breakthebarriers.org)

E-mail: [GKGorke@aol.com](mailto:GKGorke@aol.com)

Phone: (559) 432-6292

## Monday, March 17, 2008

Event: Smoke-Free Life Program

Location: The St. Helena Center for Health, St. Helena, California

Taylor's Topics:

- Breaking Free from Old Behaviors
- The Brain and Laughter

Host/Contact: St. Helena Center for a Smoke-Free Life; Betsy Titus, Coordinator

E-mail: [shuhealth@ah.org](mailto:shuhealth@ah.org)

Phone: (800) 358-9195

Fax: (707) 967-5828

## Wednesday, March 26, 2008

Event: Professional Officers Workers' Luncheon

Location: St. Helena Hospital

Taylor's Topic: Male-Female Differences in Vision Style and Hearing

Hosts: SHH and PUC, Denise Nichelini

## Monday, March 31, 2008

Event: Transformations Program

Location: The St. Helena Center for Health, St. Helena, California

Taylor's Topics:

- Use Your Brain for Success
- Understanding Your Innate Giftedness
- Handling Your Habits

Host/Contact: The St. Helena Center for Health

E-mail: shuhealth@ah.org  
Phone: (800) 358-9195  
Fax: (707) 967-5828

## April 4-6, 2008, Friday evening through Sunday noon

Event: Weekend retreat for ministerial wives

Location: Leoni Meadows, California

Taylor's Topic:

- The Power of Affirmation – Brain Secrets for Improving Communication

Host/Contact: Debi Pederson, President of Sheppardess International, Northern California Chapter

E-mail: debipedersen@comcast.net

## Friday, April 11, 2008, 7:00-9:00 p.m.

Event: Community Seminar

Location: 1330 Summer Street NE, Salem, Oregon

Taylor's Topic:

- The Brain and Male-Female Differences

Host/Contact: Mark Cockerham, Karen Vandehey, and Arleen Hessman

E-mail: central7da@msn.com

Phone: (503) 364-4626

## Saturday, April 12, 2008

Event: Community Seminar

Location: 1330 Summer St NE, Salem, OR 97301

Taylor's Topics:

- 11am: 7 Secrets of Communication – a Biblical Perspective
- 2pm: Use Your Brain for Success
- Upshift, Downshift, and Aboutshift

Hosts: Mark Cockerham, Karen Vandehey

Phone: (503) 364-4626

E-mail: central7da@msn.com

## Saturday, April 19, 2008, 9:00 a.m.–4:00 p.m.

Event: Community Seminar (C.E. Credit available for nurses and MFT/LCSW)

Location: B-Level Conference Room at St. Helena Hospital

- Taylor's Topic: The Brain Program -- classes fill quickly so register early

Hosts: Realizations Inc and St. Helena Hospital

Contact: Linda Schulz

E-mail: SchulzLK@AH.org

Phone: 707-963-6419

## Monday, April 21, 2008

Event: Smoke-Free Life Program

Location: The St. Helena Center for Health, St. Helena, California

Taylor's Topics:

- Breaking Free from Old Behaviors
- The Brain and Laughter

Host/Contact: St. Helena Center for a Smoke-Free Life; Betsy Titus, Coordinator

E-mail: [shuhealth@ah.org](mailto:shuhealth@ah.org)

Phone: (800) 358-9195

Fax: (707) 967-5828

## Monday, April 21, 2008

Event: Conference for Ministerial Interns

Location: CCC Headquarters, Clovis, CA

Taylor's Topics:

Use Your Brain for Success

Upshift, Downshift, and About Shift

He Said, She Said, They Said

Cellular Memory—Past, Present, and Future

The Brain and Laughter

Host: Ramiro Cano, CCC Secretary

Phone: (559) 347-3000

## April 27-May 1, 2008

Event: Program

Hosts: EduQuest and Elderhostel

Title: Wine Country Wellness

Location: Dry Creek Inn and Kruger Event Center, Healdsburg, California

Taylor's Topics - Wednesday afternoon and Thursday morning:

- Whole Brain Communication
- Cellular Memory – Past, Present, Future
- Upshift, Downshift, and About Shift
- Laughter – Take Two, To, and Too

EduQuest coordinators: Cindy Salyer and Barbara Crossland

Web site: [www.eduquestusa.org](http://www.eduquestusa.org)

Phone: (775) 852-5209

Fax: (775) 853-5547

E-mail: [eduquest@charter.net](mailto:eduquest@charter.net)

## Monday, May 5, 2008

Event: Transformations Program

Location: The St. Helena Center for Health, St. Helena, California

Taylor's Topics:

- Use Your Brain for Success
- Understanding Your Innate Giftedness
- Handling Your Habits

Host/Contact: The St. Helena Center for Health

E-mail: shuhealth@ah.org

Phone: (800) 358-9195

Fax: (707) 967-5828

## Monday, May 19, 2008

Event: Smoke-Free Life Program

Location: The St. Helena Center for Health, St. Helena, California

Taylor's Topics:

- Breaking Free from Old Behaviors
- The Brain and Laughter

Host/Contact: St. Helena Center for a Smoke-Free Life; Betsy Titus, Coordinator

E-mail: shuhealth@ah.org

Phone: (800) 358-9195

Fax: (707) 967-5828

## Monday, June 2, 2008

Event: Transformations Program

Location: The St. Helena Center for Health, St. Helena, California

Taylor's Topics:

- Use Your Brain for Success
- Understanding Your Innate Giftedness
- Handling Your Habits

Host/Contact: The St. Helena Center for Health

E-mail: shuhealth@ah.org

Phone: (800) 358-9195

Fax: (707) 967-5828

## Tuesday, June 3, 2008

Event: Napa Valley College, Classified Staff Retreat

Location: Upper Valley Campus

Taylor's Topics:

- 10:00-11:00 a.m. - Use Your Brain For Success
- 11:00-12:00 a.m. - The Brain and Laughter—Laugh and Last

Hosts: Napa Valley College, Vicki Tevlin, Coordinator

E-mail: vtevlin@napavalley.edu

## June 8-11, 2008

Event: Program

Hosts: EduQuest and Elderhostel

Title: Age-Proof Your Brain--How to Live Younger Longer

Location: Dry Creek Inn and Kruger Event Center, Healdsburg, California

Taylor's Topics - Wednesday afternoon and Thursday morning:

- Meet Your Brain
- Power of Positive
- He Said – She Said
- Brain-Friendly Living
- Use it or Lose it
- Laugh and Last

EduQuest coordinators: Cindy Salyer and Barbara Crossland

Web site: [www.eduquestusa.org](http://www.eduquestusa.org)

Phone: (775) 852-5209

Fax: (775) 853-5547

E-mail: [eduquest@charter.net](mailto:eduquest@charter.net)

## June 11, 2008, Thursday 9:00–10:30 a.m.

Event: Convention, American Case Managers Association (ACMA)

Location: Napa Valley Marriott Hotel & Spa,

3425 Solano Avenue, Napa, California

Taylor's Topic:

- He Said, She Said, They Said – Secrets of Effective Communication

Host/Contact: Holly Kalua-Igarashi and Maria Velasco

Phone: (707) 963-6413

Web site: [mvelasco@acmaweb.org](mailto:mvelasco@acmaweb.org)

## Saturday, June 14, 2008, 9:00 a.m.-4:00 p.m.

Event: The Brain Program for IMPaX WORLD Inc

Location: Eldorado Hills, CA

- Taylor's Topic: The Brain Program

Hosts: Greg and Brenda Im

Contact: Kim Money

E-mail: [kim@impaxworld.com](mailto:kim@impaxworld.com)

Phone: (916) 939-9800

## June 15-19, 2008

Event: Program

Hosts: EduQuest and Elderhostel

Title: Wine Country Wellness Program

Location: Dry Creek Inn and Kruger Event Center, Healdsburg, California

Taylor's Topics - Wednesday afternoon and Thursday morning:

- Whole Brain Communication
- Cellular Memory – Past, Present, Future

- Upshift, Downshift, and About Shift
- Laughter – Take Two, To, and Too

EduQuest coordinators: Cindy Salyer and Barbara Crossland

Web site: [www.eduquestusa.org](http://www.eduquestusa.org)

Phone: (775) 852-5209

Fax: (775) 853-5547

E-mail: [eduquest@charter.net](mailto:eduquest@charter.net)

## Monday, June 23, 2008

Event: Smoke-Free Life Program

Location: The St. Helena Center for Health, St. Helena, California

Taylor's Topics:

- Breaking Free from Old Behaviors
- The Brain and Laughter

Host/Contact: St. Helena Center for a Smoke-Free Life; Betsy Titus, Coordinator

E-mail: [shuhealth@ah.org](mailto:shuhealth@ah.org)

Phone: (800) 358-9195

Fax: (707) 967-5828

## Monday, June 23, 2008

Event: Ministerial Annual Convention

Location: Angwin, CA

Taylor's Topics:

- Use Your Brain for Success
- Upshift, Downshift, and About Shift

Host: Jim Pedersen, NCC President

Phone: (925) 685-4300

## Tuesday, June 24, 2008

Event: Clery Annual Convention

Location: Angwin, CA

Taylor's Topics:

- He Said, She Said, They Said
- Cellular Memory—Past, Present, and Future
- The Brain and Laughter - Laugh and Last

Host: Jim Pedersen, NCC President

Phone: (925) 685-4300

## June 26, 2008, 9 a.m.-noon

Event: Community seminar

Location: Multi Purpose Room, 675 Texas Street, Fairfield

Taylor's Topic:

- He Said, She Said, They Said – Secrets of Effective Workplace Communication
- Host/Contact: Solutions West, Tiffany Glass  
Phone: 888-338-4500 or 916-326-5252  
Web site: [www.solutionswest.com](http://www.solutionswest.com)

## June 27-29, 2008

Event: Transformations Alumni Program  
Location: The St. Helena Center for Health, St. Helena, California  
Taylor's Topics:

- Upshift, Downshift, and Aboutshift
- Managing Your Emotions Effectively
- The Brain and Laughter

Host/Contact: The St. Helena Center for Health  
E-mail: [shuhealth@ah.org](mailto:shuhealth@ah.org)  
Phone: (800) 358-9195  
Fax: (707) 967-5828

## Monday, July 14, 2008

Event: Smoke-Free Life Program  
Location: The St. Helena Center for Health, St. Helena, California  
Taylor's Topics:

- Breaking Free from Old Behaviors
- The Brain and Laughter - Laugh and Last

Host/Contact: St. Helena Center for a Smoke-Free Life; Betsy Titus, Coordinator  
E-mail: [shuhealth@ah.org](mailto:shuhealth@ah.org)  
Phone: (800) 358-9195  
Fax: (707) 967-5828

## Monday, July 21, 2008

Event: Transformations Program  
Location: The St. Helena Center for Health, St. Helena, California  
Taylor's Topics:

- Use Your Brain for Success
- Understanding Your Innate Giftedness
- Handling Your Habits

Host/Contact: The St. Helena Center for Health  
E-mail: [shuhealth@ah.org](mailto:shuhealth@ah.org)  
Phone: (800) 358-9195  
Fax: (707) 967-5828

## Monday, August 11, 2008

Event: Smoke-Free Life Program

Location: The St. Helena Center for Health, St. Helena, California

Taylor's Topics:

- Breaking Free from Old Behaviors
- The Brain and Laughter - How to Laugh and Last

Host/Contact: St. Helena Center for a Smoke-Free Life; Betsy Titus, Coordinator

E-mail: [shuhealth@ah.org](mailto:shuhealth@ah.org)

Phone: (800) 358-9195

Fax: (707) 967-5828

## Friday, August 15, 2008, 1-3 pm

Event: Seminar

Location: Napa Valley College – Napa Campus, Room 2240

Taylor's Topics:

- How the Brain Learns Best
- M-F Differences in Hearing and Vision Style

Hosts: Napa Valley College, Vicki Tevlin, Coordinator

Phone: (707) 259-6008

E-mail: [vtevlin@napavalley.edu](mailto:vtevlin@napavalley.edu)

## August 17-20, 2008

Event: Program

Hosts: EduQuest and Elderhostel

Title: Age Proof Your Brain--Tips on How to Live Younger Longer

Location: Dry Creek Inn and Kruger Event Center, Healdsburg, California

Taylor's Topics - Wednesday afternoon and Thursday morning:

- Meet Your Brain
- Power of Positive
- He Said – She Said
- Brain Friendly Living
- Use it or Lose it
- Laugh and Last

EduQuest coordinators: Cindy Salyer and Barbara Crossland

Web site: [www.eduquestusa.org](http://www.eduquestusa.org)

Phone: (775) 852-5209

Fax: (775) 853-5547

E-mail: [eduquest@charter.net](mailto:eduquest@charter.net)

## Monday, August 18, 2008

Event: Transformations Program

Location: The St. Helena Center for Health, St. Helena, California

Taylor's Topics:

- Use Your Brain for Success
- Understanding Your Innate Giftedness

- Handling Your Habits

Host/Contact: The St. Helena Center for Health

E-mail: shuhealth@ah.org

Phone: (800) 358-9195

Fax: (707) 967-5828

## Thursday, August 28, 2008, 9 am-12 pm

Event: Information Technology Retreat

Location: Leoni Meadows Camp, 6100 Leoni Road Grizzly Flats, CA 95636

Taylor's Topics:

- Use Your Brain for Success – You're the Only One Who Can!
- A Sense in Time Saves Yours - Make Sense of the Sensory Systems
- Male and Female Brains -- Differences in Vision Style and Hearing
- Brain and Laughter – A Spoonful of Laughs Makes the Medicine Go Down

Hosts: AH IT Department; Mindra Fielding, IT Director and Retreat Coordinator

Phone: (949) 499-7125

## Sunday, September 7, 2008 - 7:00-8:30 p.m.

Event: EnlightenUp Presentation

Location: Freeman Room, First Presbyterian Church of Santa Rosa

1550 Pacific Avenue, Santa Rosa, CA

- Taylor's Topic: Use Your Brain for Success

Host/Contact: Dan Melligan

Phone: (707) 539-8785

E-mail: danmelligan@onebox.com

## Monday, September 8, 2008

Event: Smoke-Free Life Program

Location: The St. Helena Center for Health, St. Helena, California

Taylor's Topics:

- Breaking Free from Old Behaviors
- The Brain and Laughter

Host/Contact: St. Helena Center for a Smoke-Free Life; Betsy Titus, Coordinator

E-mail: shuhealth@ah.org

Phone: (800) 358-9195

Fax: (707) 967-5828

## Saturday, September 13, 2008

Event: Community Seminar

Location: 1800 Linda Vista Drive, Porterville, CA 93258

Taylor's Topics:

- Saturday 11am: The Power of Prayer

- Saturday afternoon: Male-Female Differences; The Brain and Laughter
- Host: Karyn Neal  
E-mail: kneal@porterville.k12.ca.us

## Sunday, September 14, 2008

Event: Community Lecture - \$10 donation at the door

Location: Beth Am Synagogue

26790 Arstradero Rd., Los Altos, CA 94022

Taylor's Topics:

- 2:00pm Use Your Brain for Success
- 3:00pm Breaking Free from Old Behaviors
- 4:00pm Q & A

Host/Contact: Jan Rao and Willows in the Wind

E-mail: jrao@willowsinthewind.com or rsacks@willowsinthewind.com

Phone: Jan Rao (650) 868-1988 or Robin Sacks (650) 941-5544

## Monday, September 15, 2008

Event: Transformations Program

Location: The St. Helena Center for Health, St. Helena, California

Taylor's Topics:

- Use Your Brain for Success
- Understanding Your Innate Giftedness
- Handling Your Habits

Host/Contact: The St. Helena Center for Health

E-mail: shuhealth@ah.org

Phone: (800) 358-9195

Fax: (707) 967-5828

## Thursday, September 18, 2008

Event: Porter Adventist Hospital Spiritual Retreat

Location: Beaver Creek, Colorado Park Hyatt Hotel, CO

Taylor's Topics:

- Use Your Brain for Success
- Upshift, Downshift, and About Shift
- Male and Female Brains: Vision-Style and Hearing Differences
- The Brain and Laughter

Host/Contact: Samuel Miller, Director of Mission and Ministry

Phone: (303) 778-1955

## Wednesday, September 24, 2008 7:00-9:00 p.m.

Event: Community Seminar and Workshop

Fee: Free. Come and bring a friend with you.

C.E. Credit: Available for Nurses (BRN) and MFT/LCSW (BBS)

\$10 for two contact hours

Location: Signs Memorial Fireside Room,  
1920 Finnell Road, Yountville, CA 94599-9467

Taylor's Topic: Age-Proofing Your Memory - How to Live Better Longer  
with Workshop by Sharlet Briggs

Hosts: Sam Alexander and Barbara Roth

For more information:

Call Secretary on Thurs and Fri at (707) 944-8225

Call Barbara Roth at (707) 944-2558

E-mail: Seminars@thrivingbrain.com

## Friday, September 26, 2008

Event: Florida Hospital Waterman Leadership Seminars

Location: Taveres, Florida

Taylor's Topics:

- Joy in the Morning - Affirmations
- Use Your Brain for Success
- Male and Female Brains: Vision-Style and Hearing Differences

Host/Contact: Faye Rose, Spiritual Services Department

E-mail: Faye.rose@ahss.org

Phone: (352) 253-3389

## Friday, September 26, 2008, 1:00-3:00 p.m.

Event: Teacher Seminar

Location: St. Barnabas Episcopal School

Taylor's Topics:

- Use Your Brain for Success
- Upshift, Downshift, and About Shift

Hosts: Karen Lyon, Principal;

Anita J. Young, President Florida Hospital Waterman Foundation

## Friday, September 26, 2008

Event: IMPaX Seminar, Anniversary Convention

Location: Disney World, Orlando, Florida

Taylor's Topic:

- Male and Female Brains: Vision-Style and Hearing Differences

Host/Contact: Greg and Brenda Im and Kim Money

Phone: (916) 939-9800

E-mail: Kim@impaxworld.com

## September 28-October 2, 2008

Event: Program

Hosts: EduQuest and Elderhostel

Title: Wine Country Wellness

Location: Dry Creek Inn and Kruger Event Center, Healdsburg, California

Taylor's Topics - Wednesday afternoon and Thursday morning:

- Whole Brain Communication
- Cellular Memory – Past, Present, Future
- Upshift, Downshift, and About Shift
- Laughter – Take Two, To, and Too

EduQuest coordinators: Cindy Salyer and Barbara Crossland

Web site: [www.eduquestusa.org](http://www.eduquestusa.org)

Phone: (775) 852-5209

Fax: (775) 853-5547

E-mail: [eduquest@charter.net](mailto:eduquest@charter.net)

## Monday, October 6, 2008

Event: Smoke-Free Life Program

Location: The St. Helena Center for Health, St. Helena, California

Taylor's Topics:

- Breaking Free from Old Behaviors
- The Brain and Laughter

Host/Contact: St. Helena Center for a Smoke-Free Life; Betsy Titus, Coordinator

E-mail: [shuhealth@ah.org](mailto:shuhealth@ah.org)

Phone: (800) 358-9195

Fax: (707) 967-5828

## Wednesday, October 8, 2008 12:00 Noon and 1:00 p.m.

Event: Community Seminar

CE Credit: Ask about 2 hours of CE credit for Nurses and MFTs/LCSWs

Location: Ukiah Valley Medical Center

Taylor's Topics:

- Use Your Brain for Success
- Upshift, Downshift, and About Shift

Host: Elise Gootherts, RN, PHN, MA, Director of Case Management,  
Ukiah Valley Medical Center, 275 Hospital Drive, Ukiah, Ca 95482

For more information, call: (707) 463-7401

## Thursday, October 9, 2008, 9:00 a.m.–4:00 p.m.

Event: The Brain Program (Check in at 8:45 a.m.)

Ten (10) contact hours available

Location: Signs Memorial Fireside Room

1920 Finnell Road, Yountville, CA 94599-9467

Hosts: Sam Alexander and Barbara Roth  
Contact: Sharlet Briggs  
Phone: (800) 379-5017  
E-mail: Seminars@thrivingbrain.com

Classes fill quickly so register early and complete the BTSA

## October 12-15, 2008

Event: Program

Hosts: EduQuest and Elderhostel

Title: Age-Proof Your Brain--Live Younger Longer

Location: Dry Creek Inn and Kruger Event Center, Healdsburg, California

Taylor's Topics - Wednesday afternoon and Thursday morning:

- Meet Your Brain
- Power of Positive
- He Said – She Said
- Brain Friendly Living
- Use it or Lose it
- Laugh and Last

EduQuest coordinators: Cindy Salyer and Barbara Crossland

Web site: [www.eduquestusa.org](http://www.eduquestusa.org)

Phone: (775) 852-5209

Fax: (775) 853-5547

E-mail: [eduquest@charter.net](mailto:eduquest@charter.net)

## Monday, October 13, 2008

Event: Transformations Program

Location: The St. Helena Center for Health, St. Helena, California

Taylor's Topics:

- Use Your Brain for Success
- Understanding Your Innate Giftedness
- Handling Your Habits

Host/Contact: The St. Helena Center for Health

E-mail: [shuhealth@ah.org](mailto:shuhealth@ah.org)

Phone: (800) 358-9195

Fax: (707) 967-5828

## Monday, November 3, 2008

Event: Smoke-Free Life Program

Location: The St. Helena Center for Health, St. Helena, California

Taylor's Topics:

- Breaking Free from Old Behaviors
- The Brain and Laughter

Host/Contact: St. Helena Center for a Smoke-Free Life; Betsy Titus, Coordinator  
E-mail: shuhealth@ah.org  
Phone: (800) 358-9195  
Fax: (707) 967-5828

## Tuesday, November 4, 2008, 9:00 a.m.-3:00 p.m.

Event: Teacher Seminar  
Location: Bernalillo Middle School, Bernalillo, NM  
Taylor's Topics:

- Use Your Brain for Success
- Upshift, Downshift, and About Shift
- Male-Female Differences in vision style and hearing
- How the Brain Learns Best
- The Brain and Laughter

Hosts: Donna Miles and Kass Mason

## Wednesday, November 5, 2008

Event: CHIP Graduation  
Location: Natomas Crossroads Church, Sacramento, CA  
Taylor's Topic:

- Brain and Laughter: a spoonful of laughter makes the medicine go down

Host/Contact: Charlie Bowman  
Phone: 916-568-6608  
E-mail: Bowmancm@ah.org  
Web site: www.natomascrossroads.org

## Monday, November 10, 2008

Event: Transformations Program  
Location: The St. Helena Center for Health, St. Helena, California  
Taylor's Topics:

- Use Your Brain for Success
- Understanding Your Innate Giftedness
- Handling Your Habits

Host/Contact: The St. Helena Center for Health  
E-mail: shuhealth@ah.org  
Phone: (800) 358-9195  
Fax: (707) 967-5828

## Tuesday, November 11, 2008, 6:30-8:30 pm

Event: Community Seminar  
Fee: None  
C.E. Credit: One contact hour available for Nurses (BRN) and MFT/LCSW (BBS)

Location: Nimbus Arts Center, 3111 Saint Helena Hwy N Ste 1B, Saint Helena, CA

Taylor's Topic:

- Five Gifts and a Lagnaippe – Surviving Holiday Stress

Hosts: Linda Schulz, St. Helena Hospital, and Nimbus Arts Center

Contact: Linda Schulz

E-mail: SchulzLK@AH.org

Phone: (707) 963-6419

Nimbus Arts: (707) 963-5278

## Tuesday, November 18, 2008, 6:30-8:30 pm

Event: Community Seminar

Fee: None

C.E. Credit: One contact hour available for Nurses (BRN) and MFT/LCSW (BBS)

Location: Hidden Valley Lake Country Club, 18174 Hidden Valley Rd, Hidden Valley Lake, CA

Taylor's Topic:

- Five Gifts and a Lagnaippe – Surviving Holiday Stress

Hosts: Linda Schulz, St. Helena Hospital, and Hidden Valley Country Club

Contact: Linda Schulz

E-mail: SchulzLK@AH.org

Phone: (707) 963-6419

Hidden Valley: (707) 987-3035

## Thursday, November 20, 2008 10AM

Event: Community Seminar

Fee: None

Location: Senior Center, 1475 Main Street, St. Helena, CA

Taylor's Topic:

- Age-Proofing Your Memory - Strategies for Staying Younger Longer

Host/Contact: St. Helena Hospital, Linda Schulz, Coordinator

E-mail: SchulzLK@AH.org

Phone: (707) 963-6419

Senior Center: (707) 963-8555

## Wednesday, December 3, 2008, 12:30-1:30 pm

Event: Seminar

Location: Napa Valley College – Napa Campus

Taylor's Topic: `

- Five Gifts and a Lagnaippe – Surviving Holiday Stress

Hosts: Napa Valley College, Vicki Tevlin, Coordinator

Phone: (707) 259-6008

E-mail: vtevlin@napavalley.edu

Monday, December 8, 2008

Event: Transformations Program

Location: The St. Helena Center for Health, St. Helena, California

Taylor's Topics:

- Use Your Brain for Success
- Understanding Your Innate Giftedness
- Handling Your Habits

Host/Contact: The St. Helena Center for Health

E-mail: [shuhealth@ah.org](mailto:shuhealth@ah.org)

Phone: (800) 358-9195

Fax: (707) 967-5828