

Date: **December 30, 2005-January 1, 2006**

Event: *Spiritual Renaissance Retreat*

Location: Hyatt Regency Monterey Resort
1 Golf Course Road, Monterey, CA

Taylor's Topics: Friday, 10:45am to 12:00noon
[Downshifting—A Natural Brain Phenomenon](#)

Host/Contact: John and Joan Hughson
Pacific Union College Church
P.O. Box 297
Angwin, CA 94508
Phone: (707) 965-7297
Fax: (707) 965-6774
E-mail: jhughson@puc.edu

Date: **January 6-13, 2006**

Event: *Transformations Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents three lectures during this program:
• [Use Your Brain for Success](#)
• [Understanding Your Innate Giftedness](#)
• [Handling Habits](#)

Host/Contact: The St. Helena Center for Health, Camille Kalil, Coordinator
E-mail: shuhealth@ah.org
Phone: (800) 358-9195
Fax: (707) 967-5828

Date: **January 18, 2006**

Event: *Volunteers Annual Meeting*

Location: Fireside Room
St. Helena, California

Taylor's Topics: 1:00pm - [Age-Proof Your Brain](#)

Host/Contact: St. Helena Hospital Volunteers Department
Julie Lloyd, Team Leader; Doris Langham, Assistant
E-mail: LanghaDK@ah.org
Phone: (707) 963-6386

Date: **February 3-10, 2006**

Event: *Smoke-Free Life Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents two lectures during this program:
• [Breaking Free from Old Behaviors Part 1](#)
• [Breaking Free from Old Behaviors Part 2](#)

Host/Contact: St. Helena Center for a Smoke-Free Life; Betsy Titus, Coordinator
E-mail: shuhealth@ah.org
Phone: (800) 358-9195
Fax: (707) 967-5828

Date: **February 4, 2006**

Location: Selma Cultural Arts Center
Selma, California

Taylor's Topics: [Laugh and Last](#)
Saturday, 12:00noon-2:00pm
Space is limited - register early!
\$25 – Includes lunch and presentation by Dr. Taylor.

Host/Contact: Selma Community Hospital Foundation; Toni Johnson, Foundation Director
Phone: (559) 896-3483
Fax: (559) 891-6271
E-mail: johnsota@selma.ah.org

Date: **February 11, 2006**

Event: *Community Seminar*

Location: Fireplace Room, 1105 "G" Street, Napa, CA 94558

Taylor's Topics: Saturday 10:00-11:00am:
Your Amazing Brain – Introduction to Brain Function

Host/Contact: Kay Pacey and George Krkljus
Phone: (707) 255-2444
E-mails:
KayPacey@localfolksinsurance.com
GeoKrkljus@thelocalfolks.com
napasda@juno.com

Date: **February 12-26, 2006**

Event: *Elder Hostel Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents three lectures during this program:
• [Affirmation – the Power of Positive](#)
• [Age Proof Your Brain](#)
• [Laugh and Last](#)

Host/Contact: Contact information to register or obtain schedule:
Cindy Salyer
Phone: (775) 852-5209
E-mail: csalyer@sbcglobal.org

Date: **February 17, 2006**

Event: *The Brain Program – Living Authentically*

Location: The Women's Center at St. Helena Hospital
St. Helena, California – in the beautiful Napa Valley

Taylor's Topics: [The Brain Program](#)
Friday 9:00am-5:00pm
Register early. The [BTSA](#) needs to be completed in advance. Ask about CE Credit for Nurses and MFTs/LCSWs.
\$150 – Includes the [BTSA](#) (scored and interpreted by Dr. Arlene Taylor), syllabus, book, and lunch
\$100 – To audit (e.g., you have attended a previous program and already have your [BTSA](#) profile). Obtain a refresher and pick up new information!

Host/Contact: Linda Schulz, Director of the Women's Center, and Carrie Begg, Registrar
Phone: (707) 963-1912
Fax: (707) 963-3439
E-mail: beggc1@ah.org

Date: **February 19-March 1, 2006**

Event: *Transformations Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents three lectures during this program:

- [Use Your Brain for Success](#)
- [Understanding Your Innate Giftedness](#)
- [Handling Habits](#)

Host/Contact: The St. Helena Center for Health, Camille Kalil, Coordinator:
E-mail: shuhealth@ah.org
Phone: (800) 358-9195
Fax: (707) 967-5828

Date: **March 1-3, 2006**

Event: *Annual Conference
California Society for Healthcare Risk Management*

Location: Marriott Hotel, Walnut Creek

Taylor's Topics: Taylor presents two seminars during this convention:

- Thursday 3:00pm – [Laugh and Last](#) (with guest appearance by Aron Kader, Comedian)
- Friday 8:10am – [Downshifting—Geared for Success](#)

Host/Contact: Regina Vukson, President; Dixie Hukari, Education Coordinator
Contact information to register or obtain schedule:
Website: www.cshrmca.org
E-mail: HukariDJ@ah.org

Date: **March 12-16, 2006**

Event: *Elder Hostel Program*

Location: The St. Helena Center for Health
Napa Valley, California

Taylor's Topics: Taylor presents three lectures during this program:

- [Affirmation – the Power of Positive](#)
- [Age Proof Your Brain](#)
- [Laugh and Last](#)

Host/Contact: Contact information to register or obtain schedule:
Cindy Salyer
Phone: (775) 852-5209
E-mail: csalyer@sbcglobal.org

Date: **March 19-30, 2006**

Event: *Transformations Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents three lectures during this program:

- [Use Your Brain for Success](#)
- [Understanding Your Innate Giftedness](#)
- [Handling Habits](#)

Host/Contact: The St. Helena Center for Health, Camille Kalil, Coordinator:
E-mail: shuhealth@ah.org
Phone: (800) 358-9195
Fax: (707) 967-5828

Date: **March 21, 2006**

Event: *Patient Financial Services Annual Conference*

Location: Corporate Office, Adventist Health Systems
Roseville, California

Taylor's Topics: Wednesday 9:00am-12:00noon:
[The Brain and Communication](#)

Host/Contact: Louise Wallis, Professional Assistant, Patient Financial Services
E-mail: WallisLA@ah.org
Phone: (916) 774-3372
Fax: (916) 774-3382

Date: **March 25, 2006**

Event: *Community Seminar*

Location: Fireplace Room, 1105 "G" Street, Napa, CA 94558

Taylor's Topics: Saturday 10:00-11:00am
[Downshifting – A Natural Brain Phenomenon](#)

Host/Contact: Kay Pacey and George Krkljus
Phone: (707) 255-2444
E-mails:
KayPacey@localfolksinsurance.com
GeoKrkljus@thelocalfolks.com
napasda@juno.com

Date: **April 2-6, 2006**

Event: *Elder Hostel Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents three lectures during this program:
• [Affirmation – the Power of Positive](#)
• [Age Proof Your Brain](#)
• [Laugh and Last](#)

Host/Contact: Contact information to register or obtain schedule:
Cindy Salyer
Phone: (775) 852-5209
E-mail: csalyer@sbcglobal.org

Date: **April 3, 2006**

Location: Sunrise of Santa Rosa
Senior Assisted Living
3250 Chanate Road, Santa Rosa, CA

Taylor's Topics: Monday 1:30-2:30pm -- [Age Proof Your Brain](#)
RSVP as space is limited

Host/Contact: Linda Eytcheson, Marketing and Communications Manager
Sutter Medical Foundation – North Bay
Phone: (707) 575-7503
Email: eytcheL@sutterhealth.org

Date: **April 4, 2006**

Event: *Humor Awareness Month Luncheon – Free*
Bring your lunch. Beverages provided.

Location: The Women's Center at St. Helena Hospital
St. Helena, California – in the beautiful Napa Valley

Taylor's Topics: Tuesday, 12noon to 1:00pm
[Laugh and Last](#)
Space is limited so call now to register

Host/Contact: Linda Schulz, Director of the Women's Center; Carrie Begg, Registrar
Phone: (707) 963-1912
Fax: (707) 963-3439
E-mail: beggc1@ah.org

Date: **April 7-9, 2006**

Event: *Chehalis Women's Retreat*

Location: Tolovana Inn
Cannon Beach, Oregon

Taylor's Topics: Friday 7:00pm: [Male-Female Differences 1](#)
Saturday 9:30am: [Male-Female Differences 2](#)
Saturday 11:00am: [Male-Female Differences 3](#)
Sunday 10:30am: [Male-Female Differences 4](#)

Host/Contact: Cindy Schurch, Chehalis Women's Ministries Coordinator
Phone: (360) 266-9720
E-mail: chehalissda@localaccess.com

Date: **April 7-14, 2006**

Event: *Smoke-Free Life Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents two lectures during this program:
• [Breaking Free from Old Behaviors](#) Part 1
• [Breaking Free from Old Behaviors](#) Part 2

Host/Contact: St. Helena Center for a Smoke-Free Life; Betsy Titus, Coordinator
E-mail: shuhealth@ah.org
Phone: (800) 358-9195
Fax: (707) 967-5828

Date: **April 12-13, 2006**

Location: Cohutta Springs Conference Center
Crandall, Georgia
K-10 Teachers' Convention

Taylor's Topics: Wednesday, 9:00am–4:00pm
[The Brain and Learning](#)
Thursday, 9:00am–5:00pm
[The Brain Program](#)
Complete and return the [BTSA](#) to Dr. Taylor in January so individual profiles can be available at the seminar.

Host/Contact: Georgia-Cumberland Conference; Cynthia Gettys, Educational Superintendent; Debbie Anderson, Administrative Assistant
Phone (800) 567-1844 Ext. 309
E-mail debanderson@gccsda.com

Date: **April 22, 2006**

Event: *Community Seminar*

Location: Fireplace Room, 1105 "G" Street, Napa, CA 94558

Taylor's Topics: Saturday 10-11am: *Affirmation – the Power of Positive*

Host/Contact: Kay Pacey and George Krkljus
Phone: (707) 255-2444
KayPacey@localfolksinsurance.com
GeoKrkljus@thelocalfolks.com
napasda@juno.com

Date: **April 23–May 3, 2006**

Event: *Transformations Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents three lectures during this program:
• *Use Your Brain for Success*
• *Understanding Your Innate Giftedness*
• *Handling Habits*

Host/Contact: The St. Helena Center for Health, Camille Kalil, Coordinator:
E-mail: shuhealth@ah.org
Phone: (800) 358-9195
Fax: (707) 967-5828

Date: **May 6, 2006**

Event: *Community Seminar*

Location: Fireplace Room, 1105 "G" Street, Napa, CA 9455

Taylor's Topics: Saturday 10-11am: *Male-Female Brain Differences*

Host/Contact: Kay Pacey and George Krkljus
KayPacey@localfolksinsurance.com
GeoKrkljus@thelocalfolks.com
napasda@juno.com

Date: **May 11, 2006**

Event: *Employee Wellness Series*

Location: Pacific Union College Dining Commons
Angwin, CA

Taylor's Topics: *Laugh and Last*

Host/Contact: Host: Women's Ministries, Norma Smith, Coordinator
Phone: (707) 433-0124
Email: Pacific Union College, Susie Fox, Coordinator
Phone: (707) 968-9217

Date: **May 12, 2006**

Event: *Community Outreach Network*

Location: Women's Center

Taylor's Topics: Friday
9am: [Downshifting – Natural Brain Phenomenon](#)
10am: [Cellular Memory – Past, Present, Future](#)
11am: [Laugh and Last](#)

Host/Contact: The Women's Center of St. Helena Hospital
Linda Schulz, Director
Phone: (707) 963-1912
Fax: 707-963-3439
E-mail: beggc1@ah.org

Date: **May 13, 2006**

Event: *Women's Day Emphasis*

Location: 1601 East Tabor
Fairfield, CA 94533

Taylor's Topics: Saturday 11am to 12:00noon
Christ's Model of Communication

Host/Contact: Host: Women's Ministries, Norma Smith, Coordinator
Phone: (707) 432-0124
Email: Baileysnjs@sbcglobal.net

Date: **May 14-25, 2006**

Event: *Transformations Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents three lectures during this program
• [Use Your Brain for Success](#)
• [Understanding Your Innate Giftedness](#)
• [Handling Habits](#)

Host/Contact: The St. Helena Center for Health, Camille Kalil, Coordinator
E-mail: shuhealth@ah.org
Phone: (800) 358-9195
Fax: (707) 967-5828

Date: **May 19-21, 2006**

Event: *Women's Retreat*

Location: Wahikuli Wayside Park, Lahaina, Maui, Hawaii

Taylor's Topics: Taylor presents four lectures during this program:
• Friday afternoon: [Male-Female Differences](#)
• Friday evening: [Affirming One's Self](#)
• Saturday morning: [Affirmation through Prayer](#)
• Saturday afternoon: [Affirming Others](#)
• Sunday morning: [Affirmation through Laughter](#)

Host/Contact: LEHUA and Lahanina Women's Ministries, Emma Shipe and Evy Wyrostek, Coordinators
E-mail: JustEvy4u@yahoo.com
Phone: (808) 250-2722, (808) 276-6435
Fax: (707) 967-5828

Date: **June 2-9, 2006**

Event: *Smoke-Free Life Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents two lectures during this program:

- [Breaking Free from Old Behaviors](#) Part 1
- [Breaking Free from Old Behaviors](#) Part 2

Host/Contact: St. Helena Center for a Smoke-Free Life; Betsy Titus, Coordinator

E-mail: shuhealth@ah.org

Phone: (800) 358-9195

Fax: (707) 967-5828

Date: **June 10, 2006**

Event: *Community Seminar*

Location: Fireplace Room, 1105 "G" Street, Napa, CA 94558

Taylor's Topics: Saturday 10-11am: [Cellular Memory](#)—Past, Present, Future

Host/Contact: Kay Pacey and George Krkljus

Phone: (707) 255-2444

KayPacey@localfolksinsurance.com

GeoKrkljus@thelocalfolks.com

napasda@juno.com

Date: **June 11-15, 2006**

Event: *Elder Hostel Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents three lectures during this program:

- [Affirmation – the Power of Positive](#)
- [Age Proof Your Brain](#)
- [Laugh and Last](#)

Host/Contact: Contact information to register or obtain schedule:

Cindy Salyer

Phone: (775) 852-5209

E-mail: csalyer@sbcglobal.org

Date: **June 18-29, 2006**

Event: *Transformations Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents three lectures during this program:

- [Use Your Brain for Success](#)
- [Understanding Your Innate Giftedness](#)
- [Handling Habits](#)

Host/Contact: The St. Helena Center for Health, Camille Kalil, Coordinator:

E-mail: shuhealth@ah.org

Phone: (800) 358-9195

Fax: (707) 967-5828

Date: **July 14-21, 2006**

Event: *Smoke-Free Life Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents two lectures during this program:

- [Breaking Free from Old Behaviors](#) Part 1
- [Breaking Free from Old Behaviors](#) Part 2

Host/Contact: St. Helena Center for a Smoke-Free Life; Betsy Titus, Coordinator

E-mail: shuhealth@ah.org

Phone: (800) 358-9195

Fax: (707) 967-5828

Date: **July 15, 2006**

Event: *Community Seminar*

Location: Fireplace Room, 1105 "G" Street, Napa, CA 94558

Taylor's Topics: Saturday 10-11am: [Affirmation—the Power of Positive](#), Cont'd

Host/Contact: Kay Pacey and George Krkljus

Phone: (707) 255-2444

KayPacey@localfolksinsurance.com

GeoKrkljus@thelocalfolks.com

napasda@juno.com

Date: **July 23–August 3, 2006**

Event: *Transformations Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents three lectures during this program:

- [Use Your Brain for Success](#)
- [Understanding Your Innate Giftedness](#)
- [Handling Habits](#)

Host/Contact: The St. Helena Center for Health, Camille Kalil, Coordinator

E-mail: shuhealth@ah.org

Phone: (800) 358-9195

Fax: (707) 967-5828

Date: **July 31, 2006**

Event: *Cal Poly Annual Elementary Physical Education Workshop*

Location: Cal Poly, San Luis Obispo, California
Angwin, CA

Taylor's Topics: [Downshifting](#)

[Cellular Memory](#)

The Brain and Laughter

Host/Contact: Hosts: The Concerned Group and Cal Poly, Stan Pelmeare, Coordinator

Email: Pelmeares2@sbcglobal.net

Phone: (415) 883-3487

Date: **August 4-11, 2006**

Event: *Smoke-Free Life Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents two lectures during this program:

- [Breaking Free from Old Behaviors](#) Part 1
- [Breaking Free from Old Behaviors](#) Part 2

Host/Contact: St. Helena Center for a Smoke-Free Life; Betsy Titus, Coordinator

E-mail: shuhealth@ah.org

Phone: (800) 358-9195

Fax: (707) 967-5828

Date: **August 7-8, 2006**

Event: *2006 K-12 Teachers' Convention (Every 5 years)*

Location: Opreyland Hotel
Nashville, TN

Taylor's Topics: • [The Brain and Learning](#)
• [MindWaves](#)
• [Downshifting – A Natural Brain Phenomenon](#)

Host/Contact: North American Division Office of Education
Carol Pack, Assistant to Larry Blackmer and Erma Lee

E-mail: Carol.Pack@nad.adventist.org

Phone: (301) 680-6447

Date: **August 13-24, 2006**

Event: *Transformations Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents three lectures during this program:

- [Use Your Brain for Success](#)
- [Understanding Your Innate Giftedness](#)
- [Handling Habits](#)

Host/Contact: The St. Helena Center for Health, Camille Kalil, Coordinator

E-mail: shuhealth@ah.org

Phone: (800) 358-9195

Fax: (707) 967-5828

Date: **August 19, 2006**

Event: *Community Seminar*

Location: Fireplace Room, 1105 "G" Street, Napa, CA 94558

Taylor's Topics: Saturday 10-11am:
Avian Flu H5N1 – What You Don't Know Can Kill You

Host/Contact: Kay Pacey and George Krkljus

Phone: (707) 255-2444

KayPacey@localfolksinsurance.com

GeoKrkljus@thelocalfolks.com

napasda@juno.com

Date: **August 24, 2006**

Event: *Community Seminar*

Location: Santa Rosa Brighton Gardens
300 Fountaingrove Parkway
Santa Rosa, CA 95403

Taylor's Topics: Thursday, August 24, 2006
3:00pm
[Age Proof Your Brain](#)

Host/Contact: Laura Malone, Director Community Relations
Phone: (707) 566-8600
Fax: (707) 566-7936
E-mail: SantaRosaBG.DCR@sunriseseniorliving.com

Date: **August 25 – September 1, 2006**

Event: *Smoke-Free Life Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents two lectures during this program:
• [Breaking Free from Old Behaviors](#) Part 1
• [Breaking Free from Old Behaviors](#) Part 2

Host/Contact: St. Helena Center for a Smoke-Free Life; Betsy Titus, Coordinator
E-mail: shuhealth@ah.org
Phone: (800) 358-9195
Fax: (707) 967-5828

Date: **September 8-10, 2006**

Event: *Weekend Seminars*

Location: Colorado Springs, Colorado

Taylor's Topics: • Friday 7:00pm: [Downshifting – Natural Brain Phenomenon](#)
• Saturday 11:00am: [7 Secrets of Communication – A Biblical Perspective](#)
• Saturday 3:00pm: [Cellular Memory – Past, Present, Future](#)
• Sunday 9:30am: [Male-Female Differences](#)

Host/Contact: Glenn G. Poole II
Web site: centralsda.org
E-mail: gpooleii@gmail.com
Phone: (719) 578-5616

Date: **September 8-15, 2006**

Event: *Smoke-Free Life Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents two lectures during this program:
• [Breaking Free from Old Behaviors](#) Part 1
• [Breaking Free from Old Behaviors](#) Part 2

Host/Contact: St. Helena Center for a Smoke-Free Life; Betsy Titus, Coordinator
E-mail: shuhealth@ah.org
Phone: (800) 358-9195
Fax: (707) 967-5828

Date: **September 13, 2006**

Event: *CAHAM Annual Convention*

Location: Lowe's Resort on Coronado Island, San Diego, CA

Taylor's Topics: Wednesday 9:00 – 11:30 am
Effective Communication – Your Key to Success!

Host/Contact: Sponsored by CAHAM (CA Association of Health Care Admissions Managers)
Contact Wendi Elder, CAHAM President or Gene Reyes, CAHAM Vice-President
E-mail: Reyesg1@AH.org or Welder2@chw.edu
Phone: (909) 908-2209 Gene's Cell;
(530) 225-6345 Wendi's Office

Date: **September 15, 2006**

Event: *Annual Leadership Retreat*

Location: Central Texas Medical Center
San Marcos, Texas

Taylor's Topics: Friday, September 15, 2006
Male-Female Differences, Parts 1-6

Host/Contact: Dee Taylor, Administrative Assistant to President and CEO Gary I. Jepson
Phone: (512) 753-3657
Email: Dee.Taylor@ahss.org

Date: **September 17-28, 2006**

Event: *Transformations Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents three lectures during this program:
• *Use Your Brain for Success*
• *Understanding Your Innate Giftedness*
• *Handling Habits*

Host/Contact: The St. Helena Center for Health, Camille Kalil, Coordinator
E-mail: shuhealth@ah.org
Phone: (800) 358-9195
Fax: (707) 967-5828

Date: **September 23, 2006**

Event: *Community Seminar*

Location: Fireplace Room, 1105 "G" Street, Napa, CA 94558

Taylor's Topics: Saturday 10-11am: *Male-Female Differences*

Host/Contact: Kay Pacey and George Krkljus
Phone: (707) 255-2444
KayPacey@localfolksinsurance.com
GeoKrkljus@thelocalfolks.com
napasda@juno.com

Date: **September 29–October 6, 2006**

Event: *Smoke-Free Life Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents two lectures during this program:
• [Breaking Free from Old Behaviors](#) Part 1
• [Breaking Free from Old Behaviors](#) Part 2

Host/Contact: St. Helena Center for a Smoke-Free Life; Betsy Titus, Coordinator
E-mail: shuhealth@ah.org
Phone: (800) 358-9195
Fax: (707) 967-5828

Date: **September 30, 2006**

Location: Spokane, WA
Saturday 9:00am-4:00pm

Taylor's Topics: [The Brain Program](#)
Register early. [BTSA](#) needs to be completed in advance. If you have attended *The Brain Program* previously, you may audit for a reduced fee. Get a refresher and an updated syllabus! Ask about CA CE Credit a for RNs and MFTs/LCSWs.

Host/Contact: Kathi and Kevin Best
Phone: (509) 467-5400 or (509) 466-5491
E-mail: kkbest@bigplanet.com

Date: **October 1, 2006**

Location: Spokane, WA
Sunday 9:00am-4:00pm
The Brain Program Alumni - For alumni and friends of The Brain Program

Taylor's Topics: Topics include:
9:00-11:00am [The Brain and Male-Female Differences](#)
11:00am-12:00pm [Downshifting—a Natural Brain Phenomenon](#)
12:00-1:00pm **Potluck**. Bring salads, sandwich makings, finger foods, deserts, beverages, etc. (plates/cups and cutlery provided)
1:00-2:00pm [Brain-Body Communication—What you don't know can kill you](#)
2:00-3:00pm [Cellular Memory—Past, Present, and Future](#)
3:00-4:00pm **Q & A**

Host/Contact: Kathi and Kevin Best
Phone: (509) 467-5400 or (509) 466-5491
E-mail: kkbest@bigplanet.com

Date: **October 6-8, 2006**

Event: *Weekend Seminar – open to everyone!*

Location: Gladstone, Oregon (Gladstone campground near Portland)

Taylor's Topics: • Friday evening:
7:00pm - [Use Your Brain for Success](#) and [Downshifting—a Natural Brain Phenomenon](#)
• Saturday:
10:00am - *The Power of Prayer*
11:00am - *The Brain and Worship*
2:00pm - [Cellular Memory](#)
3:15pm - [Age-Proof Your Brain](#)
4:30pm - [Laugh and Last](#)

Host/Contact: Sponsored by Oregon SAGE
Contact Wynn Knowling, SAGE Coordinator
E-mail: wynn.knowling@oc.npuc.org
Phone: (503) 652-2225 and ask for SAGE
(503) 343-9548

Date: **October 8-19, 2006**

Event: *Transformations Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents three lectures during this program:
• [Use Your Brain for Success](#)
• [Understanding Your Innate Giftedness](#)
• [Handling Habits](#)

Host/Contact: The St. Helena Center for Health, Camille Kalil, Coordinator
E-mail: shuhealth@ah.org
Phone: (800) 358-9195
Fax: (707) 967-5828

Date: **October 12-13, 2006**

Event: *Clergy Conference, and Brain Seminars (by request)*

Location: Florida Hospital Waterman
Tavares, Florida

Taylor's Topics: Thursday 9:00-4:00 - *Clergy Conference* (call for specific topics)
Friday 9:00-12:00 - Call for information about specific topic

Host/Contact: Florida Hospital Waterman Spiritual Services Department
Contact Faye Rose
Phone: (352) 253-3389
Email: faye.rose@ahss.org

Date: **October 20, 2006**

Event: *The Brain Program – Living Authentically*

Location: The Women's Center at St. Helena Hospital
St. Helena, California – in the beautiful Napa Valley

Taylor's Topics: [The Brain Program](#)

Friday 9:00am-5:00pm

Register early. The [BTSA](#) needs to be completed in advance. Ask about CE Credit for Nurses and MFTs/LCSWs.

\$150 – Includes the [BTSA](#) (scored and interpreted by Dr. Arlene Taylor), syllabus, book, and lunch

\$100 – To audit (e.g., you have attended a previous program and already have your [BTSA](#) profile). Obtain a refresher and pick up new information!

Host/Contact: Linda Schulz, Director of the Women's Center, and Carrie Begg, Registrar

Phone: (707) 963-1912

Fax: (707) 963-3439

E-mail: beggc1@ah.org

Date: **October 20-21, 2006**

Event: *Transformations Program Alumni*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents two lectures during this alumni program:

- [Male-Female Differences](#)
- [Laugh and Last](#)

Host/Contact: The St. Helena Center for Health, Camille Kalil, Coordinator

E-mail: shuhealth@ah.org

Phone: (800) 358-9195

Fax: (707) 967-5828

Date: **October 27-November 3, 2005**

Event: *Smoke-Free Life Program*

Location: The St. Helena Center for a Smoke-Free Life
Napa Valley, California

Taylor's Topics: Taylor presents two lectures during each program:

- [Breaking Free from Old Behaviors](#)
- [The Brain and Laughter—Laugh and Last](#)

Host/Contact: St. Helena Center for a Smoke-Free Life; Betsy Titus, Coordinator

E-mail: shuhealth@ah.org

Phone: (800) 358-9195

Fax: (707) 967-5828

Date: **November 9, 2006 (EOT Cruise)**

Location: This "cruise into history" begins in Athens, Greece. It includes Rome, Naples, Pompeii, Malta, Sicily, and Corinth as it follows the route of "Paul's Fourth Missionary Journey."

Taylor's Topics: We'll have fun talking about brain function in Greece and Italy.

Host/Contact: Join me (host #42316) for ten educational days. [Cruise information...](#)

Date: **November 26-30, 2006**

Event: *Elder Hostel Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents three lectures during this program:

- [Use Your Brain for Success](#)
- [Cellular Memory](#)
- [Age Proof Your Brain](#)
- [The Brain and Laughter—Laugh and Last](#)

Host/Contact: Contact information to register or obtain schedule
Cindy Salyer
Phone: (775) 852-5209
E-mail: csalyer@sbcglobal.org

Date: **December 2, 2006**

Event: *Community Seminar*

Location: Fireplace Room, 1105 "G" Street, Napa, CA 94558

Taylor's Topics: Saturday 10-11am: [Managing Holiday Stress](#)

Host/Contact: Kay Pacey and George Krkljus
Phone: (707) 255-2444
KayPacey@localfolksinsurance.com
GeoKrkljus@thelocalfolks.com
napasda@juno.com

Date: **Sunday, December 3, 2006, 12 noon**

Event: *Annual Volunteer Appreciation*

Location: Masonic Lodge, Napa, CA

Taylor's Topics: [The Brain and Laughter](#)

Host/Contact: Sandy Clarke
Phone: (707) 255-5911
E-mail: sandy.clarke@cancer.org

Date: **December 3-14, 2006**

Event: *Transformations Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics: Taylor presents three lectures during this program:

- [Use Your Brain for Success](#)
- [Understanding Your Innate Giftedness](#)
- [Handling Habits](#)

Host/Contact: The St. Helena Center for Health, Camille Kalil, Coordinator
E-mail: shuhealth@ah.org
Phone: (800) 358-9195
Fax: (707) 967-5828

Date: **December 6, 2006**

Event: *Transformations Program*

Location: The St. Helena Center for Health
St. Helena, California

Taylor's Topics:

- [*Use Your Brain for Success*](#)
- [*Understanding Your Innate Giftedness*](#)
- [*The Brain and Laughter—Laugh and Last*](#)

Host/Contact: The St. Helena Center for Health
E-mail: shuhealth@ah.org